



## MUHC Reproductive Centre IVF & IVM Treatment Consent

## Instructions on completing the IVF & IVM treatment consent form

Each section must be initialed as indicated by you and your partner (if applicable).

On some pages, you will be required to fill in selections then initial in several places. Please ensure that your selections are clearly marked in the indicated boxes along with your initials.

Example:



## **Consent Signature (page 6):**

You and your partner (if applicable) should clearly print your name, fill requested information, and sign where indicated in the presence of a witness.

The witness may be anyone who knows you well (neighbor, friend, relative, etc.). The role of the witness to the signatures is simply to confirm the identity of the patient and partner signing the consent form. The witness should clearly print his/her name and then sign the form.

Please make a copy of the signed consent form to keep for your records.



Please note that our nursing staff cannot issue a treatment calendar if this consent is incomplete or missing from your chart.

Should you have any questions or concerns regarding this consent form, please call 514-843-1650 for a review of consent appointment with a medical staff member.

#### MUHC Reproductive Centre — IVF & IVM Treatment Consent

Patient undergoing treatment	Spouse/Partner (if applicable)
RAMQ	RAMQ
First Name	First Name
Last Name	Last Name
Date of Birth	Date of Birth
Hospital Card Number	Hospital Card Number

Please check the treatment that was prescribed by your physician.



#### IVF (in vitro fertilization)

I consent to undergo IVF treatment. I and my partner (if applicable) have been informed that:

- I will take various medications to prepare the eggs in my ovaries and to prepare my uterus to receive the embryo(s). There are possible risks and side effects associated with these medications;
- Treatment may be cancelled at any stage between ovarian stimulation and embryo transfer. I will be informed of the reason(s) for cancellation;
- If I respond too strongly to the medications or for other reasons, my eggs/our embryos might be frozen and kept for use once my body returns to a normal state;
- Medication and sedation will be given as necessary during the egg collection procedure;
- The egg collection procedure has possible complications such as bleeding and infection;
- Eggs may not be found or may not mature properly. Only mature eggs can be used for fertilization;
- There is no guarantee of achieving fertilization of any of the collected egg(s). Unfertilized eggs will be disposed of in accordance with standard protocol;
- There is no guarantee embryos will develop normally;
- If necessary the ICSI technique may be used to inseminate my egg(s). Intra-Cytoplasmic Sperm Injection (ICSI) is a technique that involves the injection of a single sperm directly into a mature egg, which carries a low risk of damaging the egg;
- It is possible that the embryo shell will be thinned using assisted hatching to improve implantation;
- The embryos created will be reserved for my/our own reproductive purposes;
- There is no guarantee that a pregnancy will be achieved following this treatment.

Please in	itial (if applicable) :			
Patient	Date YYYY/MM/DD	Partner	Date YYYY/MM/DD	
Initials		Initials		

# IVM (*in vitro* maturation)

I consent to undergo IVM treatment. My partner (if applicable) and I have been informed that:

- I may take medications to help the eggs mature and/or to help prepare the uterus lining to receive the embryo(s);
- Eggs will be treated in the lab to monitor and assist the maturation process;
- Treatment may be cancelled at any stage between start of treatment and embryo transfer;
- Medication and sedation will be given as necessary during the egg collection procedure;
- The egg collection procedure has possible complications such as bleeding and infection;
- Eggs may not be found or may not mature properly. Only mature eggs will be used for fertilization;
- There is no guarantee of achieving fertilization of any egg(s). Unfertilized eggs will be disposed of in accordance with standard protocol;
- There is no guarantee embryos will develop normally;
- Intra-Cytoplasmic Sperm Injection (ICSI), which is routinely used in IVM cycles, involves the injection of a single sperm directly into a mature egg. This technique carries a low risk of damaging the egg;
- Before the embryo transfer, the embryo shell will be thinned using assisted hatching to improve implantation;
- The embryos created will be reserved for my own/our reproductive purposes;
- There is no guarantee that a pregnancy will be achieved following this treatment.

Please initial (if applicable) :			
0-1			
Patient Initials	Date YYYY/MM/DD	Partner Initials	Date YYYY/MM/DD

#### Sperm that will be used to fertilize eggs will be:

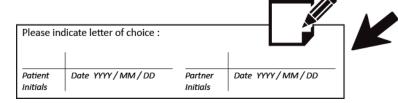
- a. My partner's sperm.
- b. My partner's sperm, or if necessary, donor sperm from a sperm bank recognized by Health Canada.
- c. Donor sperm only, from a sperm bank recognized by Health Canada.
- d. Directed donation. Provide name and date of birth of donor:

Donor's Full Name	Date of birth (YYYY / MM /DD)				
	Please in	dicate letter of choice :			
	Patient Initials	Date YYYY/MM/DD	Partner Initials	Date YYYY/MM/DD	

#### **Surplus Fresh Good Quality Embryos**

The number of embryos created may be greater than the number of embryos transferred in a treatment cycle. If there are any remaining embryos that are of sufficiently good quality for freezing, I/we consent to:

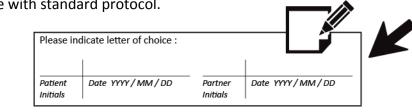
- a. Freeze them (cryopreserve) for my/our own future reproductive purposes.
- b. Donate them for an approved research project (which would be discussed with me/us) or for teaching purposes, after which they will be disposed of in accordance with standard protocol.
- c. Dispose of them in accordance with standard protocol.



#### **Disposition of Surplus Poor Quality Embryos**

After embryo transfer, if there are excess embryos that are not suitable for freezing, I/we consent to:

- a. Donate them for an approved research project (which would be discussed with me/us) or for teaching purposes, after which they will be disposed of in accordance with standard protocol.
- b. Dispose of them in accordance with standard protocol.

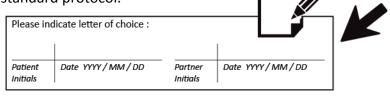


## Frozen Embryos — In the Event of Death

#### **Patient's Choice**

In the event of my death, if there are remaining frozen embryos in storage, I consent to:

- a. Donate them to my surviving partner for his/her future reproductive purposes.
- b. Donate them for an approved research project (which would be discussed with my surviving partner) or for teaching purposes, after which they will be disposed of in accordance with standard protocol.
- c. Dispose of them in accordance with standard protocol.

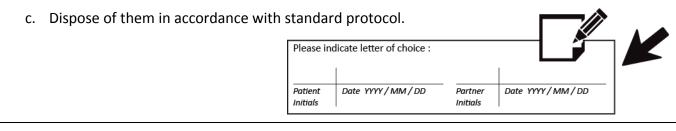


## Frozen Embryos — In the Event of Death

#### Partner's Choice (if applicable)

In the event of my death, if there are remaining frozen embryos in storage, I consent to:

- a. Donate them to my surviving partner for his/her future reproductive purposes.
- b. Donate them for an approved research project (which would be discussed with my surviving partner) or for teaching purposes, after which they will be disposed of in accordance with standard protocol.

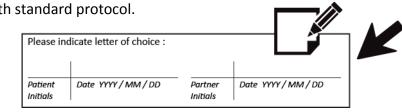


## Frozen Embryos — In the Event of Death of Couple at the Same Time

#### Couple's Choice (if applicable)

In the event of our simultaneous death, if there are remaining frozen embryos in storage, we consent to:

- a. Donate them for teaching purposes, after which they will be disposed of in accordance with standard protocol.
- b. Dispose of them in accordance with standard protocol.



I/we understand and have been informed of:

#### Treatment

- Treatment will be performed by the medical team of the MUHC Reproductive Centre (the Clinic);
- Indications for, possible risks, and alternative treatment options;
- Blood tests for transmissible diseases are required for me and my partner (if applicable), before the start of my/our treatment. If test results are abnormal, or not available, or not up to date, treatment may be delayed or cancelled;
- The availability of psychological support;
- A consultation with our psychologist if using sperm donation (sperm bank or directed donation).
- Although a few studies suggest fertility treatments may be associated with negative long-term effects, other studies do not support these findings;
- The staff of the Clinic may review my/our medical chart for selecting potential participants in a research study approved by the MUHC review board and the central ethics board of the Ministry;
- I/we will provide the Clinic information about the outcome (result) of treatment and the outcome of any pregnancy resulting from treatment. I may be contacted in the future for long-term follow-up.

## Frozen Embryos

- All reasonable care will be taken, but neither the staff nor the Clinic can accept liability for damage of frozen embryo(s);
- There is no guarantee that embryos will survive freezing;
- The MUHC Reproductive Centre can release frozen eggs, sperm and embryos only to another centre for assisted procreation. For this type of transfer, both partners must make the request in writing (one month) prior to the date of transfer;
- I/we must remain in contact with the Clinic on an annual basis to reconfirm my/our intent
  regarding the storage and disposition of my/our frozen embryos. It is my/our responsibility to
  inform the Clinic of a separation/divorce, change of address or contact information. If I/we fail to
  make contact with the Clinic for more than 5 years, the Clinic has the right to dispose of frozen
  embryos according to Ministry guidelines;
- After the first year, storage fees will apply. Retroactive charges will be incurred if I/we fail to remain in contact with the Clinic.

## **Pregnancy Risks**

- The Clinic is required to follow Quebec law in determining the number of embryos that can be transferred at each transfer. In most treatments, a single embryo will be transferred;
- A multiple pregnancy (more than one baby) is more likely when more than one embryo is transferred. The risk of complications during and after pregnancy and at delivery is greater with a multiple pregnancy;
- As in a natural pregnancy, there is a risk of the baby having an abnormality;
- Complications of pregnancy may be greater with infertility and/or treatments of infertility;
- Prenatal testing can identify some fetal genetic abnormalities and should be considered by all patients;
- As in natural conception, there is a risk of ectopic pregnancy (pregnancy outside the uterus), and of miscarriage.

#### Withdrawal of Consent

- I or my partner may withdraw my/our consent regarding any of my/our above choices at any time before the choice is executed, by notifying the Clinic in writing;
- I or my partner can withdraw consent to use my/our embryos. This withdrawal must be given in writing to the Clinic before use of the embryo(s);
- The withdrawal of consent will be acknowledged in writing by a member of the professional staff of the Clinic.
- If sperm is from a directed donation, I understand that the donor can withdraw his consent in writing until the time the sperm is prepared for use.

#### **Signature of Consent**

I/we understand that the laws of Canada and of the Province of Quebec shall govern the relationship between myself/ourselves and the Clinic and any health professional involved in my/our care.

<b>PATIENT CONSENT</b> I, the intended parent, have been given time to consider the content of this document and the opportunity to make further inquiries before signing this form. I consent to the described treatment.						
Patient Name (Print)	Signature	Place (City)	Date (YYYY/MM/DD)			
	Signature	Place (City)	Date (YYYY/MM/DD)			

#### **PARTNER CONSENT** (If applicable)

I, the intended parent, acknowledge that we will be treated together. I have been given time to consider the content of this document and the opportunity to make further inquiries before signing.

Partner Name (Print)	Signature	Place (City)	Date (YYYY/MM/DD)
Witness Name (Print)	Signature	Place (City)	Date (YYYY/MM/DD)