

What is psychosis?

Psychosis is a term that defines a break from reality, or in other words when an individual's reality and how they experience it, differs from how the majority of others see that reality.

The core symptoms of psychosis are :

- Hallucinations
(seeing or hearing things that are not there)
- False convictions
(believing things that are not true),
- Confused thinking
- Functional impairment

Psychosis affects about 3.5% of the population

Find us on the web

muhc.ca/pepp-home

- For more information on PEPP-MUHC and psychosis,
- To access additional resources and support for loved ones

Contact us:

Tel: (514) 934-1934 #34599
Fax: (514) 843-2898

PEPP MUHC
Allan Memorial Institute
1025 des Pins avenue W.
Montréal QC, H3A 1A1

Opening hours :
Monday to Friday : 8h-16h

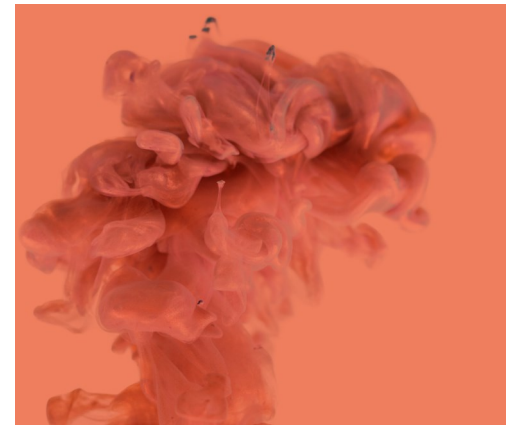
- If you need urgent support outside of opening hours, go to the Montreal General Hospital emergency, open 24/7



McGill University
Health Center

Prevention and Early Intervention for Psychosis Program (PEPP-MUHC)

Detect, assess and treat psychosis early for a rapid and lasting recovery.





PEPP-MUHC

Clientele

Young adults between 18 and 35 years old

- Experiencing symptoms of psychosis for the first time
- Preferably living in the MUHC vicinity

Services

- Rapid assessment and treatment initiation
- Case management
- Community intervention
- Group therapy
- Music therapy
- Psychotherapy
- Cognitive remediation therapy
- Family and individual psychoeducation
- Peer support
- Work reintegration
- School counselling
- Psychosocial support (school, work, housing)
- Outreach

A SERVICE CENTERED ON THE PERSON'S NEEDS, FOCUSING ON FUNCTIONAL RECOVERY AND QUALITY OF LIFE.

Our professional team

- Psychiatrist
- Nurse practitioner
- Nurse
- Social worker
- Occupational therapist
- Psychologist



When to reach out to PEPP ?

If you or your loved one experiences symptoms of psychosis, do not delay in contacting us to request an assessment.

A medical referral is not necessary