



We hope this information will help you better understand the services provided by our team as well as facilitate your visit in an efficient and professional manner. For more information, please refer to our website [www.mcgillivf.com](http://www.mcgillivf.com).

# 1

**Before you attend your first medical appointment**, you must complete our Self-Assessment Form and Basic Investigation Tests:

- The **Self-Assessment Form** will provide us with the information we need to assist you properly. Please complete this form and bring the original form with you at your first medical appointment.
- The **Basic Investigation Tests** will allow your physician to assess your condition in a more efficient way. It is important that the results of these tests for you and your partner and a copy of your medical file for all past infertility treatments reach us at least 1 week before your appointment with the physician.

# 2

## Basic Investigation Tests for Female Patients

### Where?



Glen site  
1001 Decarie Boulevard



**Parking:** The Glen site visitor parking lot is accessible via Decarie Boulevard and located directly underneath the main plaza. The parking fee at the Glen site is \$25 for one entrance/exit within 24 hours.

**Hospital Card:** At the Glen site you must first go to the **Admitting Office** at **C RC.0046** in the Promenade Larry and Cookie Rossy near the Royal Victoria Hospital entrance to obtain a new MUHC hospital card prior to your first appointment. ([Click to view map of hospital](#))



**Please note that it can take up to 60 minutes to obtain a new hospital card.**

**RAMQ Medicare card:** If you are a Quebec resident and eligible to the RAMQ coverage of your treatment, please ensure that you bring your RAMQ Medicare card to all your appointments. If you reside outside the Province of Quebec, or do not have a valid RAMQ Medicare card, a fee will be charged at the time of appointment for each individual. These fees vary depending on whether you are a Canadian or foreign resident.

**Glen site Blood Test Centre:** The adult **Test Centre** is located on the south side of the second floor of Block D, Room **D 02.2307** accessible by any of the public elevators. The Test Centre is open Monday to Friday from 7 a.m. to 5 p.m. The Test Centre is closed on MUHC statutory holidays. Visit our website for the complete list of holidays.

**Baseline Ultrasound Appointment:** For your baseline ultrasound appointment at the Glen site, you will need to go to the Department of Obstetrics and Gynecology Ultrasound, Block C South, take second group of elevators to 6<sup>th</sup> Floor, Room **C 06.4351**.



3

Basic Investigation Tests for Male Patients & Medical Appointment (couple)

Where?



**MUHC Reproductive Centre**

888 de Maisonneuve Blvd. East, Suite 200 (Place Dupuis), Montreal, QC H2L 4S8  
T 514-843-1650 F 514-843-1496 www.mcgillivf.com info@mcgillivf.com

**Parking:** The Clinic's main entrance is located on de Maisonneuve Blvd. Underground parking is available at Place Dupuis. The parking entrance is located on St-Hubert Street (East side), between Saint Catherine Street and de Maisonneuve Blvd. Most surrounding streets have parking meters.

**Hospital Card:** A hospital card is required for each individual to be seen at the Reproductive Centre. To obtain a card on-site, please bring valid identification and your Medicare card.

**RAMQ Medicare Card:** If you are a Quebec resident and eligible to the RAMQ coverage of your treatment, please ensure that you bring your RAMQ Medicare card to all your appointments. If you reside outside the Province of Quebec, or do not have a valid RAMQ Medicare card, a fee will be charged at the time of appointment for each individual. These fees vary depending on whether you are a Canadian or foreign resident.



**You should expect to be at your appointment for the most part of the morning or afternoon depending on the time of your appointment.**

Our Clinic is part of the MUHC teaching hospital. At the time of appointment, you will be seen by:

- A **clinical fellow** (physicians specializing in Assisted Reproductive Medicine) and/or a **resident**, who will evaluate and assess your medical history and test results, perform any necessary physical examinations and discuss possible treatment options for you.
- Your **physician** who will review your test results, discuss your treatment management and answer any questions you may have.
- A **nurse** who will explain the necessary steps to start your treatment and/or additional tests that have been ordered by your physician.

**Cancellations:** If you need to cancel or change the date of your appointment, please contact 514 843-1650 at least 2 working days (48 hours) prior to your appointment or send an email to [info@mcgillivf.com](mailto:info@mcgillivf.com).



## Tests for Female Patients

The Basic Tests are necessary for your physician to assess your condition.

### Test Results:

- It is important that the results of these tests reach us at least 1 week before your appointment with the physician.
- If you have done these tests in the past 12 months and have the results, please send them to us by fax. Any test result that is older than one (1) year will not be accepted.
- Only tests performed at the MUHC will be automatically sent to us. It is your responsibility to ensure that results for tests performed outside the MUHC reach us before your appointment.
- Please do not call the Centre for your test results; the staff is not permitted to give results over the telephone.
- All test results should be faxed to **514 843-1496**.

Please note that you will need your RAMQ Medicare card and the new MUHC hospital card for all these tests.

Basic Tests	When?	Where?
<b>Baseline Vaginal Ultrasound</b>	<p><b>Day 2 to 5 of your cycle</b></p> <ul style="list-style-type: none"> <li>• On <b>Day 1</b> of your menstrual cycle (regular flow bleeding), call 514 843-1650 (Monday to Friday 8 a.m. to 4 p.m.) to schedule an appointment for the Baseline Vaginal Ultrasound to be done on Day 2 to 5 of your cycle.</li> <li>• If appointment time is not available, wait for your next cycle. The Baseline Ultrasound cannot be booked in advance.</li> <li>• No requisition needed.</li> </ul>	<p><b>Glen Site</b> 1001 Decarie Blvd. Obstetrics and Gynecology Ultrasound 6<sup>th</sup> floor Block C (south side) Room C 06.4351</p>
<p><b>Blood Tests</b></p> <ul style="list-style-type: none"> <li>• FSH</li> <li>• LH</li> <li>• E2 (estradiol)</li> <li>• All other blood tests except for Progesterone</li> </ul>	<p><b>Same Day as Baseline Ultrasound: day 2 to 5 of your cycle</b></p> <ul style="list-style-type: none"> <li>• No appointment needed. Monday to Friday: 7 a.m. to 5 p.m.</li> <li>• Bring paper requisitions #1 included in this package.</li> <li>• Fasting is not required for these tests.</li> </ul>	<p><b>Glen Site</b> 1001 Decarie Blvd. Blood Test Centre* 2<sup>nd</sup> floor Block D (south side) Room D 02.2307</p>
<p><b>Blood Test</b></p> <ul style="list-style-type: none"> <li>• Progesterone</li> </ul> <p>This blood test is not necessary if you have had a tubal ligation, if you have no bleeding cycles or where IVF treatment is predetermined.</p>	<p><b>Seven (7) days before the start of your next cycle:</b> If your cycle is 28 days from bleed to bleed, have the test on day 21 if your cycle is 30 days from bleed to bleed, have the test on day 23 If this day falls on Saturday, you can have it on the day before (Friday), if it falls on Sunday, you can have it on the day after (Monday).</p> <ul style="list-style-type: none"> <li>• No appointment needed. Monday to Friday: 7 a.m. to 5 p.m.</li> <li>• Bring paper requisitions #2 included in this package.</li> <li>• Fasting is not required for these tests.</li> </ul>	<p><b>Glen Site</b> 1001 Decarie Blvd. Blood Test Centre* 2<sup>nd</sup> floor Block D (south side) Room D 02.2307</p>

**\*Glen Site Blood Test Centre**

*Opening Hours: Monday to Friday from 7 a.m. to 5 p.m. Note: Patients who do not have a RAMQ Medicare card should present themselves before 3:30 p.m. at the Cashier's Office located in Block B, Level S1, Room 3885.1*  
*The Test Centre is closed on MUHC statutory holidays. Please call the main hospital number 514-934-1934 to confirm that the Centre is open.*



## Tests for Male Patients

The Basic Tests are necessary for your physician to assess your condition.

### Test Results:

- It is important that the results of these tests reach us at least 1 week before your appointment with the physician.
- If you have done these tests in the past year and have the results, please send them to us by fax. Any test result that is older than one (1) year will not be accepted.
- Only tests performed at the MUHC will be automatically sent to us. It is your responsibility to ensure that results for tests performed outside the MUHC reach us before your appointment.
- Please do not call the Centre for your test results; the staff is not permitted to give results over the telephone.
- All test results should be faxed to **514 843-1496**.

Please note that you will need your RAMQ Medicare card and the new MUHC hospital card for all these tests.

Basic Tests	When?	Where?
<b>Semen Analysis</b>	<p><b>Before your medical consultation with the physician</b></p> <p>No requisition is needed. By appointment only, even when producing the sample at home. Please call 514 843-1650, Mon. to Fri., 8 am - 4 pm., for appointment. Please be punctual.</p> <p><b>Instructions for Semen Analysis:</b></p> <ul style="list-style-type: none"> <li>• 2-3 days of sexual abstinence (and no more than 5 days) is recommended before the test.</li> <li>• It is advised that the sperm sample is produced by masturbation. A private room at the MUHC Reproductive Centre is available for this purpose and a sterile and labelled container will be provided.</li> <li>• Should you prefer to produce the sample at home, it should be delivered directly to the Laboratory reception, within 90 minutes of the time of collection. Specimen should be kept at room temperature during travel to the lab.</li> <li>• Before producing a sample, it is important to wash and thoroughly rinse the penis and groin area from all soap residues. Hands should be washed and rinsed before masturbation.</li> <li>• At the time of the appointment, you will be asked to provide your RAMQ Medicare card as well as the hospital card. A valid photo ID is required to confirm your identification.</li> </ul>	<p><b>MUHC Reproductive Centre</b> 888 de Maisonneuve Blvd. East Suite 200 (Place Dupuis) Montréal, QC H2L 4S8</p>
<p><b>Blood Tests:</b></p> <ul style="list-style-type: none"> <li>• HIV</li> <li>• HbsAg (Hepatitis B)</li> <li>• HCV (Hepatitis C)</li> <li>• Hep B core Ab (IgG &amp; IgM)</li> <li>• VDRL</li> </ul>	<p><b>The same day of your Semen Analysis</b></p> <ul style="list-style-type: none"> <li>• No appointment is needed. Blood tests can be done from 1:00 p.m. – 2:15 p.m.</li> <li>• Bring paper requisitions #3 included in this package</li> <li>• Fasting is not required for these tests.</li> </ul>	<p><b>MUHC Reproductive Centre</b> 888 de Maisonneuve Blvd. East Suite 200 (Place Dupuis) Montréal, QC H2L 4S8</p>