

RAMQ Coverage

The Quebec Insurance Plan (RAMQ) currently covers up to nine (9) intrauterine inseminations; however, this could change. If your treatment is not covered, please refer to our price list.

Before IUI Treatment

Blood Tests


You and your partner (if applicable) must have done the following blood tests in the past 12 months: Hepatitis B Antigen , Hepatitis B core Ab (IgG & IgM), Hepatitis C, HIV, VDRL

Treatment Consent Form

You and your partner (if applicable) must sign before a witness and return the treatment consent form.



Treatment may be delayed if blood test results or the consent form has not been received.

 Call 514 843-1650, Monday to Friday from 8:00 a.m. to 4 p.m. to schedule your IUI ultrasounds. Note: ultrasounds are done on weekdays only.

If the day for your ultrasound falls on a Saturday, request a Friday appointment, or if the day for your ultrasound falls on a Sunday, request a Monday appointment.

Treatment instructions for patients taking:

- Femara** Take Femara _____mg on **Days 2, 3, 4, 5** and **6** of your cycle.
On **Day 1** of your cycle, make an appointment for an **IUI Ultrasound** on **Day 10**.
After your ultrasound, you will be advised of any further ultrasounds.

OR

- FSH or HMG** On **Day 1** (usual flow) of menstrual bleeding, make an appointment for an **IUI Ultrasound** on **Day 2, 3 or 4** of your cycle.

If the ultrasound is normal:

you will need to take: _____IU of _____ on days_____.

In order to assess the growth of follicles in the ovaries, you will need make a second appointment for an **IUI ultrasound** on **Day 9** of your cycle.

After every ultrasound, you will be advised of any changes to your medication dosages and of any further ultrasounds.




Postponement of treatment:

For various reasons such as an ovarian cyst, polyp or other problem, your treatment may be postponed, in which case you will be asked to repeat this step next month.

Ovidrel Injection

When the ultrasound shows that the largest follicle has sufficiently matured, you will need an injection of Ovidrel, which will cause the release of the egg(s) for the insemination.

A nurse may give you the Ovidrel injection at the clinic. Therefore, please bring your Ovidrel with you to your ultrasound appointments so that you will have it ready if needed.

 If your ultrasound shows more than 2-3 follicles, there is a risk of a multiple pregnancy (more than one baby) and you may be advised to cancel your treatment.

Your IUI Appointment

On the day of the Ovidrel injection, you will need to book an appointment at Reception for your insemination as ordered by your physician (insemination will be 1 or 2 days after Ovidrel injection). You will be given the time at which your partner must arrive at the clinic on the day of insemination (if applicable).

Semen Collection Instructions

- Abstinence (no ejaculation) is recommended for no more than 2 to 3 days prior to the insemination date.
- The semen sample can be produced at the MUHC Reproductive Centre (preferred). There are two private rooms available solely for this purpose.
- The semen sample can be produced at home, in which case you must:
 - Obtain a sterile container from the reception before the day of insemination;
 - Bring the sample to the clinic on the day of insemination (only male partner can bring sample);
 - Arrive at the clinic within 60 minutes of the time of ejaculation;
 - Keep the semen sample as close to body temperature as possible.

Progesterone After Insemination

If you have been prescribed Progesterone, you must start taking the Progesterone _____ day after your insemination and continue until 12 weeks of pregnancy.

Pregnancy Test

Make an appointment for a pregnancy test (blood test) 16 days after your insemination. If the test is positive, you will need an appointment 2-3 weeks later for a viability ultrasound to confirm pregnancy.

**Should you have any questions regarding your treatment please call our
Nursing InfoLine at 514 843-1650, option 4.**