

nursing newsletter



A WORD FROM THE DIRECTOR OF NURSING AND THE ASSOCIATE DEAN AND DIRECTOR OF THE INGRAM SCHOOL OF NURSING

On the occasion of Nursing Week, it is with great pride that we salute the McGill University Health Centre's 3,290 nurses and 395 licensed practical nurses, the faculty at McGill's Ingram School of Nursing (ISoN), and the 1100 current nursing students who represent the future of this rewarding and continuously evolving profession.

Across Canada, the theme of NursingWeek 2026 is **The Power of Nurses to Transform Care**. Whether in clinical or community settings, in classrooms, in simulation labs or research spaces, each of you plays a part in driving progress forward and transforming care in ways both large and small.

Graduates of McGill Nursing bring to the clinical setting strong intellectual curiosity, the willingness to challenge established practices with new evidence, and the skills necessary to actively participate in the transformation of healthcare. The School's longstanding ties to the MUHC are at the heart of a strong academic and clinical partnership centred on patients' wellbeing. This collaboration contributes to high-quality nursing and education that is recognized both provincially and nationally. Examples of our joint innovation include:

- **Research** - Last fall, Fear of Recurrence Therapy (FORT) was offered to a group of women at the MUHC who had finished active treatment for breast cancer at the MUHC. The six sessions were co-led by Dr. Samara Perez, and Christine Maheu, RN PhD, Associate Professor and researcher with the RI-MUHC who co-developed and tested this structured cognitive therapy program that offers practical strategies to reduce anxiety for recovering cancer patients.
- **Healthcare leadership** - RUISS McGill Nursing Table Co-led by Alain Biron and Lynne McVey, this key leadership forum has been reactivated, bringing together Directors of Nursing of Health Systems and University Academic Leads. It is responsible for advancing evidence-based care, strengthening professional training, and supporting nursing retention across Greater Montreal, Montérégie Ouest, Outaouais, Grand Nord, Cree and Nunavik territories.
- **Nursing retention** - The Crescendo Program provided ISoN students and MUHC nurses with the opportunity to strengthen clinical, leadership and interpersonal skills essential to the nursing profession. Through an approach that combined mentorship, simulation, and leadership courses, the program had a positive impact on nursing retention at the MUHC.

This Nursing Week, we hope you will find moments to celebrate the profound difference you make in the lives of your patients, your students, your teammates, the nursing profession and healthcare.

We thank you for your service,

Alain Biron and Lynne McVey



Reminder – CECII Elections: May 4–7

The elections for the MUHC Executive Council of Nurses (CECII) are currently underway until **May 7 at 3:00 p.m.**

If you are a nurse at the MUHC, you are a member of the CII, which entitles you to vote.

The email containing your voting link was sent on **Monday, May 4 at 9 a.m, from McGill University Health Centre, from the address: no-reply@lime.health.**



For voting instructions and candidates' bios, [click here](#).

Thank you for helping ensure a representative CECII

Alter ego – OIIAQ Web Series

On May 5, in honour of Licensed Practical Nurses Day, the OIIAQ presents Alter ego, a web series featuring heartfelt conversations between these often behind-the-scenes professionals and public figures who share similar experiences.



Help shine a light on their contribution! [Download](#) the promotional materials.

Join us in celebrating Nursing Week!

We're excited to celebrate this special week with a fun, vibrant program that highlights our amazing nursing community!

Everything is coming together, and the excitement is building! On the agenda: over 15 interactive booths across sites, creative ideas for the Kahoot challenge, exciting prizes to win, inspiring guest speakers, and a MUCH-anticipated awards ceremony. This year, over 70 nominations were received; 12 award recipients will be honored, and the trophies are on their way!

A special thank you to the Pillars, whose fundraising efforts made it possible to bring back the Goosechase challenge, so popular last year. We also warmly thank the MUHC Foundation, the Montreal General Hospital Foundation, the Montreal Children's Hospital Foundation, and the Cedars Foundation for their invaluable support. Finally, thank you to everyone involved in organizing: this week comes to life because of you.

We hope you'll join in, connect with colleagues, and take time to celebrate all that you do every day. Let's make this a joyful, memorable week together!



By Chelsea Ilagan and Jasmine Lee Hill, Organizers of Nursing Week 2026



2026 NURSING WEEK ACTIVITIES



SITE

	Lundi 11 mai Monday May 11	Mardi 12 mai Tuesday May 12	Mercredi 13 mai Wednesday May 13	Jeudi 14 mai Thursday May 14	Vendredi 15 mai Friday May 15
HNM					
HRV					
HME					
HGM					
Lachine					
Tous les sites All sites	DÉFI ULTIME/ULTIMATE CHALLENGE				

Défi Ultime
Ultimate challenge
Toute la semaine
All week

Kiosque
compétences
Skills Kiosk
11 h 30-14 h

Voyage d'un
produit sanguin
Journey of a
Blood Product
9 h-15 h















Conférence
virtuelle ou en
personne
Virtual or in-person
12 h-13 h

2 Kahoot!
#1-Lundi/Mon.
#2 Jeudi/Thurs.
12 h 15-13 h



2026 NURSING WEEK ACTIVITIES



 <p>Défi ultime Ultimate Challenge Chasse au trésor interactive Interactive Scavenger Hunt</p>	<p>11-17 mai / May 11-17 :</p> <ul style="list-style-type: none"> • Activités de consolidation d'équipe / Team building activities • Téléchargez l'application Goosechase / Download the Goosechase app • Rejoignez votre équipe / Join your team • Gagnez des prix / Win prizes <p> Un merci particulier aux Pillars pour l'avoir rendu possible! Special thank you to The Pillars for making this possible!</p>	<p>Inscrivez-vous dès maintenant / Register now</p>  <p>Code: 37ZQZW</p>
 <p>Jeu Kahoot Quiz!</p>	<p>2 Kahoot différents :</p> <p>#1 Lundi / Monday: 12 h 15 à 13 h #2 Jedi / Thursday: 12 h 15-13 h</p> <p>Préparez-vous à vous creuser les méninges ! Participez au jeu et tentez de gagner un prix. Get ready to put your thinking caps on! Join in the fun and get a chance to win a prize.</p>	  <p>Lundi/Monday Jeudi/Thursday</p>
 <p>Conférence Conseil des infirmières et des infirmiers (CII)</p>	<p>AGA suivie d'un midi-conférence avec un invité spécial / AGA followed by a lunch conference with a special guest</p> <p>IA : Outil ou distraction ? La transformation en pratique infirmière / AI: Tool or distraction? How AI use can transform nursing practice</p> <p>Mardi 12 mai : de 11 h 30 à 13 h Tuesday, May 12: 11:30 - 13:00</p>	
 <p>Kiosques-Compétences soins infirmiers Kiosks-Nursing skills</p>	<p>Veillez consulter la page suivante pour les informations détaillées Please see the next page for detailed information</p>	
 <p>Visites Banque de sang Blood bank visits</p>	<p>Banque de sang : visites de 15 minutes entre 9 h et 15 h Blood Bank: 15-minute appointments from 9:00 to 15:00</p> <p>HGM / MGH : Lundi 11 mai / Monday, May 11 Site Glen : Mardi 12 mai / Tuesday, May 12</p> <p>Date limite pour l'inscription : 7 mai Registration deadline: May 7</p>	 <p>Veillez utiliser une adresse courriel du CUSM / Please use a MUHC email</p>
 <p>Diverses activités Several activities</p>	<p>Des cartes-cadeaux seront offertes au personnel de nuit à la fin de leur quart de travail. Une boîte-repas ainsi que des articles promotionnels seront offerts au personnel de jour/soir.</p> <p>Please note that gift cards will be offered to night staff at the end of their shift. Day/evening staff will receive a box lunch along with promotional gifts.</p>	<ul style="list-style-type: none"> • 7 mai / May 7 – Site Glen, Atrium de recherche / Research atrium • 12 mai / May 12 – Lachine, Salles A et B • 19 mai / May 19– HGM/MGH, Salle Livingston • 21 mai / May 21 – HNM/MNH, Foyer Jeanne Timmins
 <p>Cérémonie des prix d'excellence Awards ceremony</p>	<p>Vendredi le 15 mai 2026 de 12 h à 13 h Friday May 15, 2026 from 12:00 to 13:00</p> <ul style="list-style-type: none"> • En ligne via le lien / Online via link • En présentiel / In person: <ul style="list-style-type: none"> ◦ HGM/MGH : OSLER A6-105 *ÉVÈNEMENT LIVE ◦ Site Glen : Auditorium de l'Institut de recherche / Research Institute Auditorium ES1.1129 ◦ HNM/MNH : Foyer Jeanne Timmins foyer ◦ Lachine : Salle A + B 	

NURSING WEEK 2026 – KIOSKS

May 11 to May 14

11:30 AM – 2:00 PM

DATE	 LACHINE HOSPITAL Room A+B	 MONTREAL GENERAL HOSPITAL (MGH) Monday to Wednesday: Livingston Hall L6.500 Thursday: D16.102	 GLEN SITE Monday: Open air above the cafeteria (RC between blocks D and C) Tuesday to Thursday: Library (Glen Site)	 MONTREAL NEUROLOGICAL HOSPITAL Tuesday to Thursday: Jeanne Timmins Foyer
May 11 Monday	<ul style="list-style-type: none"> Quality & Sustainability Committee Radiation Safety Escape Room – Simulation Center  Multidisciplinary services – Nutrition  	<ul style="list-style-type: none"> Transfusion  IV – Hazardous Medication  Comité de relève infirmière 	<ul style="list-style-type: none"> Tracheostomy Station Multidisciplinary services – Respiratory Therapy (RT) Transplant  	<p style="color: red; text-align: center;">No kiosks</p> 
May 12 Tuesday	<ul style="list-style-type: none"> Multidisciplinary services – DSM Audiology Transplant  	<ul style="list-style-type: none"> Escape Room – Simulation Center  Library and Patient Resources  	<ul style="list-style-type: none"> Comité de relève infirmière Transfusion Radiation Safety IV – Hazardous Medication  Oncology Day Centre 	<ul style="list-style-type: none"> Library and Patient Resources Tracheostomy Station Multidisciplinary services – Speech-Language Pathology (SLP) and Nutrition Quality & Sustainability Committee
May 13 Wednesday	<ul style="list-style-type: none"> Transfusion Tracheostomy Station Comité de relève infirmière Multidisciplinary services – Speech-Language Pathology (SLP)  	<ul style="list-style-type: none"> Multidisciplinary services – Nutrition Transplant Quality & Sustainability Committee Radiation Safety  	<ul style="list-style-type: none"> Peds NSQIP Multidisciplinary services – Audiology, Clinical Nutrition and Respiratory Therapy (RT) IV – Hazardous Medication  	<ul style="list-style-type: none"> Escape Room – Simulation Center  IV – Hazardous Medication 
May 14 Thursday	<ul style="list-style-type: none"> Multidisciplinary services – Electrophysiology  	<ul style="list-style-type: none"> Multidisciplinary services – Speech-Language Pathology (SLP) Tracheostomy Station 	<ul style="list-style-type: none"> Peds NSQIP Multidisciplinary services – Respiratory Therapy (RT) Library and Patient Resources  Escape Room – Simulation Center  Oncology Day Centre Quality & Sustainability Committee  	<ul style="list-style-type: none"> Transfusion Radiation Safety Comité de relève infirmière 



Register when you arrive to enter to win a prize!
 Ask for the QR code when visiting the kiosks.
Only one registration permitted per day.



-  Library and Patient Resources
-  Quality & Safety
-  Clinical Care
-  Education & Innovation
-  Research & Development
-  IV Medication
-  Escape Room



ULTIMATE CHALLENGE: START OFF ON THE RIGHT FOOT!



May 11-17



Ready to take on the challenge?

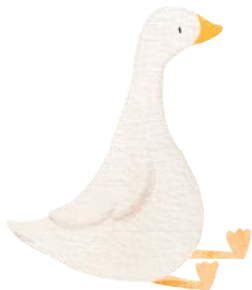
Form your teams, stretch your legs and your minds, and dive into the scavenger hunt! Collaboration, speed, good spirits and... may the best team win!

1. Download the "Goosechase" app
2. Create an account or Choose "continue as guest"
3. Enter the code: 37ZQZW
4. Join your team
5. Let the fun begin !



The rules... but we promise, it's simple!

- No patient information, faces, or any identifying details should be visible in photos or videos.
- All photos and videos must be taken during Nursing Week.
- Ensure that all photos and videos are respectful of a work environment.
- All photos and videos shared on the app may be shared on the MUHC's social media platforms. By participating in the challenge, you are consenting to your photos being used for promotional reasons by the MUHC.



Mission: how it works

- The challenge starts at 12:01 am on Monday May 11 and ends at 11:59 pm on May 17
- There are ~400 challenges total and new challenges will be added daily!
- Each challenge has a number of points attributed based on its difficulty.
- Each challenge can only be completed once by each team.
- Videos can not be longer than 30 seconds.
- The teams with the largest number of points at the end of the week will win prizes!

The Pillars, the voices behind the Goosechase



Did you know? Goosechase, the platform behind the **Ultimate Challenge** during Nursing Week, is available thanks to the **Pillars**.

The Pillars, a group of nurses from different MUHC sites, delivered an unforgettable musical performance at the **2023 MUHC's Got Talent** show! Thanks to the funds raised, they support several nursing initiatives. **A huge thank you to everyone!**



Festive draw for nursing teams



To mark Nursing Week, the MUHC Foundation is pleased to partner with Birkenstock to offer you... a surprise!

TEN \$200 gift cards will be awarded through a random draw among all MUHC nursing staff. A simple way to say thank you for the exceptional care you provide every day.



To participate, [click here](#).

One entry per person. Winners will be selected at random and contacted after Nursing Week. Good luck!

CNA's programming for National Nursing Week 2026

As part of National Nursing Week 2026, the **Canadian Nurses Association** invites you to a **series of virtual events celebrating the impact, leadership, and innovation of the nursing profession.**

Program:

- **Monday, May 11, 12:00** – *The Leadership of Indigenous Nurses: Uplifting the Next 7 Generations*
- **Tuesday, May 12, 12:00** – *The Power of Nursing Leadership in Politics: Fireside chat with Ministers of Health*
- **Wednesday, May 13, 12:00** – *Students and Early Career Nurses: National & Global Leadership to Transform Health*
- **Thursday, May 14, 12:00** – *The Power and Impact of Nurses Specialized in Wound, Ostomy & Continence Care*
- **Friday, May 15, 12:00** – *The Knowledge Process Model*



A great opportunity to learn and reflect on the essential and ongoing contribution of nursing staff to the transformation of healthcare.



For more information and to register, [click here](#).

COUNCIL OF NURSES

Annual general meeting and Grand Rounds Tuesday, May 12, 11:30 – 13:00

Special Edition – Nursing Week

Annual general meeting: 11:30 – 12:00

Grand Rounds: 12:00 – 13:00



AI: Tool or distraction?

How AI use can transform nursing practice

Objectives:

- Understand terms and definitions related to Artificial Intelligence and Machine Learning
- Examine AI use in nursing practice
- Its implications
- Ethics of AI use
- Its effect on patients and their families
- Its effect on you as a professional

Annie Chevrier N. MScA CMSN(C)

Associate Director, Graduate Programs, Innovation and Accreditation Ingram School of Nursing McGill University

Oxana Kapoustina RN, MSc(A)N, MSc, ENC(C)

Assistant Professor/
Program Director BN(I)



CLINICAL PRACTICE

Adult

Portrait of Nursing Practices: Unit Audit Tour

Nursing teams will visit adult care units on **May 20, 21, 25, 26, and 27** to conduct audits on the use of restraints, pressure injury prevention, fall prevention, and more.

They will spend approximately **90 minutes** on each unit. During their visit, they may briefly look into some patient rooms and review patient records, both paper-based and in OACIS.

These audits aim to better understand where each unit stands with regard to certain practices, to highlight what is working well, and, where applicable, to identify opportunities for improvement.

No preparation is required on your part.

We simply wanted to inform you in advance to avoid any surprise.



If you are a nurse and would like to take part in this exercise, we invite you to discuss it with your manager.

ORIIML: congratulations to our teams!

The Ordre régional des infirmières et infirmiers de Montréal-Laval (ORIIML) conference, held on April 22 under the theme “Nursing Innovation: Driving Change in Healthcare”, brought together nurses from across all MUHC areas of care. It was a great opportunity to discover inspiring initiatives, connect with colleagues, and build connections and capacity to innovate together.



A special congratulations to **Claudiane Poisson**, ERAS Nurse Coordinator at the Royal Victoria Hospital, who chaired the event’s organizing committee and committee members **Samnang Bun, François Gagné and Carissa Wong all nurses working in various areas at the MUHC**. More than 170 participants from across the province, topics at the heart of nursing practice, and forward-looking discussions: all coming together to make this conference a success!



MUHC presentations:

- Caroline Hardy & team – *Une innovation clinique au cœur des soins intensifs : le programme de rétablissement en soins intensifs*
- Thao Vu & team – *Cliniques infirmières : un levier pour la détection précoce des cancers gynécologiques*
- Sydney Wasserman & team – *De déchets à trésors : créer un hôpital plus écologique et durable*
- Anne Marie Meunier & team – *Ligne de soutien post-hospitalisation : Optimiser l'accès, l'expérience patient et la pertinence des soins, un appel à la fois*
- Jasmine Lee Hill & team – *L'empowerment des infirmières grâce à l'intelligence artificielle pour transformer les soins (ENACT)*

ENACT presented at the ORIIML Symposium

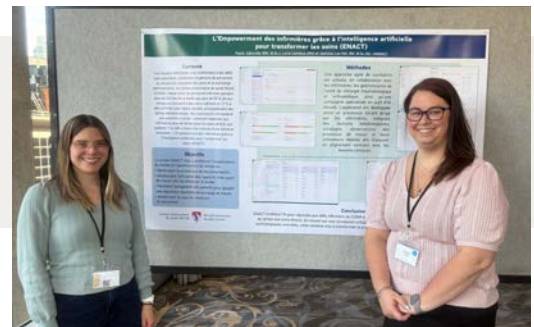
Adult

Stay tuned! This article will soon be published on the MUHC's social media. Please comment and share!



Congratulations to **Paule Jubinville**, Nurse Manager (NM) and **Lorie Lemieux**, Assistant Nurse Manager (ANM) from MGH 12, who proudly represented their unit at the Montréal-Laval Regional Order of Nurses (ORIIML) Conference on April 22, 2026 by presenting a poster on the **ENACT project - Empowering Nurses with Artificial Intelligence for Care Transformation**.

Their presentation highlighted how ENACT leverages artificial intelligence to optimize nursing workflows, improve patient assignments, and reduce time spent on non-value-added tasks—ultimately giving nurses more time for direct patient care. This work reflects the strength of nurse-led innovation and collaboration at the MUHC.



By Jasmine Lee Hill, Nursing Practice Consultant



Thank you, Paule and Lorie, for your leadership, commitment to innovation, and for showcasing nursing excellence on a provincial stage!

3rd Cardiovascular health symposium: At the heart of your concerns “At the heart of your concerns” – Monday, May 25

Stay tuned! This article will soon be published on the MUHC's social media. Please comment and share!



We invite you to share information about the 3rd Cardiovascular Health Symposium **with your patients and their families**. Presented by **MUHC nurse practitioners**, this event will feature **bilingual presentations focused on their concerns and needs**. Participation is available in person or virtually.

The program:

- L'ABC des examens diagnostiques cardiaques
- Heart Valves: When the Heart's Doors Don't Open or Close Properly
- Nutrition: Love your heart with every bite
- Vivre avec une MPOC - À bout de souffle: démystifier l'essoufflement d'origine pulmonaire
- Understanding MAID: what it is and how it works in Québec in 2026

Monday, May 25, 2026 from 1:00 to 4:00

**MUHC Research Institute Auditorium
– Glen Site, room ES1.1129**

Free registration: ssc-chs.ca



lelia.holden@muhc.mcgill.ca

Knowledge Translation Projects: ISoN–MUHC

Collaborations between McGill master's students and MUHC clinical teams have led to four knowledge translation projects.

From post-TAVI follow-up to standardizing handoffs using I-PASS, as well as improving hospital-to-home transitions and supporting families after cardiac arrest, these initiatives help advance nursing practice and keep care focused on patients and families. Congratulations to all for the quality and impact of these projects!



POST-DISCHARGE FOLLOW-UP AFTER TAVI: A SAFE RETURN HOME

Stay tuned! This article will soon be published on the MUHC's social media. Please comment and share!



The post-discharge follow-up project for patients who have undergone transcatheter aortic valve implantation (TAVI), led by students **Amanda McPhie, Isabella Lattanzio, and Olivia Sciortino** under the supervision of **Laura Craigie and Annick Bédard** at the MUHC, aims to standardize and strengthen nursing follow-up after patient discharge from the Glen site.



A structured and standardized follow-up

Following discharge after a TAVI procedure, nursing follow-up plays a critical role in the early detection of complications and in supporting patient recovery. However, a review of the literature and a benchmarking project identified **practice gaps**, underscoring the **need for a structured post-discharge telephone follow-up**.

It was within this context that the TAVI post-discharge follow-up project was developed. The project is built around a standardized, evidence-based nursing assessment tool. Integrated into O-Word, follow-up documentation supports continuity and communication across care teams, enabling timely monitoring of pain, incision care, symptoms, and overall recovery.



A patient guide for home follow-up

To facilitate this telehealth follow-up, a patient education resource, the TAVI Daily Symptom and Weight Tracker, was developed to empower patients to monitor weight, blood pressure, and symptoms at home. The tracker guides patients on self-management, when to contact the TAVI Nurse Coordinator, and when to seek emergency care, enhancing patient safety, engagement, and recovery outcomes.



Next step: implementation of systematic follow-up

The next phase will include the routine calling for all discharged TAVI patients and the monitoring of use at discharge for the Daily Symptom tracker.

I-PASS ON C8: ENHANCING SAFETY DURING HANDOVER NURSING REPORT

Stay tuned! This article will soon be published on the MUHC's social media. Please comment and share!



The specialized handover tool based on the I-PASS framework, developed by students **Rosalie Young and Caroline Hébert** under the supervision of **Alejandro Ramirez, Tamara Dell'Olio, and Joanne Power** from unit C8, aims to strengthen patient safety and clinical judgment during shift changes.



Structured clinical anticipation

The goal was to move beyond traditional narrative reporting to deepen clinical reasoning during handovers. The standardized tool refocuses attention on risks, changes, and anticipation. It prompts the team to consider: what complication is most likely for this patient in the next 12 hours, and what plan should be in place if it occurs?



Safety integrated into daily practice

By prioritizing contingency planning, this tool ensures that critical safety signals are not only read but actively addressed. This initiative reflects our ongoing commitment to standardizing professional practices and ensuring that C8 remains at the forefront of care quality and safety. To support sustainability, assistant nurse managers and the clinical nurse specialist now integrate the I-PASS framework into staff orientation, multidisciplinary rounds, and daily nursing reports.



A climate of professional trust

A unique energy emerged from the collaboration between McGill students and the C8 team, combining fresh perspectives with clinical expertise. Beyond the tool itself, this initiative fostered a climate of professional trust in support of patient safety and nursing practice.

IMPROVING TRANSITIONAL CARE TO PREVENT READMISSIONS

Stay tuned! This article will soon be published on the MUHC's social media. Please comment and share!



The project to improve transitional care for complex internal medicine patients, led by students **Alexis Lemonde Vachon** and **Nicolas Côté** under the supervision of **Marie-Ève Leblanc** and **Celia Lombardo** at the MUHC, aimed to understand readmission factors from the patient perspective and improve hospital-to-home transitions.



Understanding to better prevent readmissions

Readmissions in internal medicine, particularly among complex patients, remain a significant concern. Despite available MUHC data, understanding of patients' lived experience and the reasons behind returns to hospital remains limited, making it harder to adapt clinical approaches.

This project sought to identify these factors from the patient perspective and develop recommendations to improve transitions from hospital to home. The analysis drew on patient experience, evidence-based literature, organizational data, and stakeholder input.



Identify the key issues

While patients generally reported being satisfied with the information provided at discharge, challenges persist, including medication and pain management, mobility and fall risk, and access to follow-up care and community services. For many, return to the emergency department is driven as much by a sense of insecurity as by true clinical deterioration.



Strengthen transitions

The recommendations focus on three main areas:

- Better identify and flag patients at risk of readmission by integrating clinical and contextual indicators;
- Improve patient preparation and confidence prior to discharge through early, repetitive, and progressive education;
- Strengthen post-discharge support by promoting better coordination with community resources (community pharmacies, CLSCs, family physicians) and existing support resources, including the Patient Support Line.

These recommendations provide levers to more effectively support patients during care transitions and to contribute to reducing readmissions.

BETTER SUPPORT FOR FAMILIES AFTER A CARDIAC ARREST

Stay tuned! This article will soon be published on the MUHC's social media. Please comment and share!



The project to better support families of patients who have experienced cardiac arrest, launched in the ICU at the Royal Victoria Hospital and led by students **Quishia San Andrew** and **Yulen Shen** under the supervision of **Laura Craigie**, **Megan McQuirter**, and **Zoe Lerikos**, aimed to improve communication with families as well as their understanding and overall experience during this difficult time.



Addressing families' information needs

Patients who experience cardiac arrest often sustain anoxic brain injuries, which can bring high levels of uncertainty and emotional stress for loved ones. Through their work, the students identified gaps in clear, accessible information for families. This included during periods of transition, such as transfers to units with less intensive monitoring, when anxiety can run especially high.



Two resources designed for families

To address these needs, the team developed two practical and family-centered resources:

- An educational booklet that explains anoxic brain injury, potential outcomes, and available supports
- A transfer pamphlet to help families feel informed and prepared when moving from the CCU to another unit

The impact has been very encouraging: two-thirds of patients and families reported positive experiences after receiving the materials.



Next step: a standardized and systematic care pathway

The next phase of the project will focus on ensuring these educational resources are consistently provided to patients and families. Plans are also underway to develop a standardized post-cardiac arrest care trajectory, to ensure every patient receives timely, coordinated assessments and tailored interventions.

Multi-site LVAD Training for Nurses



In April, the cardiac surgery nursing team hosted their annual **Left Ventricular Assist Device (LVAD) Workshop**, organized by interim NPDE **Erin Wakeling**. The session brought together nurses from cardiac surgery (D7), emergency department, and external partners from Sainte-Justine and Inuulitsivik Health Center.

Participants heard from a multidisciplinary team of experts covering indications for an **LVAD, device fundamentals, hands-on practice, pharmacological management, and specialized nursing care.**

A highlight came from patient partner Mr. Spanos, who shared his experience living with an LVAD. His story—both the joys of daily life and the challenges of awaiting heart transplantation—was deeply moving. It was extra special to have his daughter Maria present, who is a nurse on D7.

His message for nurses was simple but powerful: “This device gave me life back, it gave me a second chance. And you treat us like people first - that makes a big difference.”

As this new cohort prepares to provide specialized care, the team is grateful for the collaboration between multidisciplinary partners and patients who continue to shape excellence in care.

“I’m grateful today, and hoping for tomorrow. The world is not just clinical, it’s human too.”

Mr. Spanos



By Nicole Drummond, Advanced Practice Nurse, Surgery

ANNOUNCEMENTS

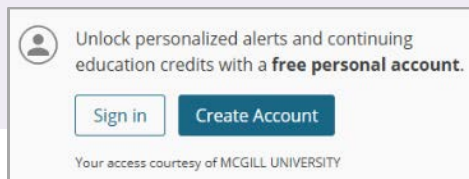
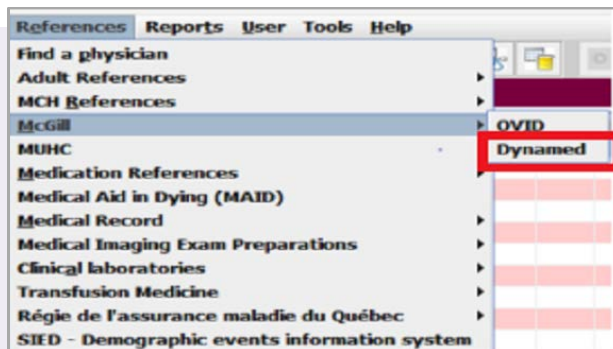
UpToDate replaced by DynaMed

We would like to remind you that institutional access to UpToDate has ended, and DynaMed is now the primary clinical decision support resource at the MUHC. Evidence-based and regularly updated, DynaMed offers **reliable content and comparable features** to support your daily clinical practice.

You can access DynaMed directly in **OACIS**, via the **References menu – McGill section.**

A **user guide** with explanatory videos is available to help you get started quickly.

If you would like to tailor your searches to your field of expertise, you can create a **free account.**



For any questions or IT-related issues, please contact the **Service Desk at extension 48484.**

By Samia Saouaf, Nursing Practice Consultant, Interim manager clinical purchasing

CO-EDITORS OF THIS NEWSLETTER:

Marie-Ève Leblanc, Nursing Practice Consultant, Nursing Directorate
 Silvia Rizeanu, Communications Agent

Please submit your articles for the next newsletter **before May 28.**

Please note that the June edition will exceptionally be published at the end of the month.

Consult the 2026 Nursing Newsletter Calendar