

RBC ART AND HERITAGE CENTRE HELPING TO CREATE A HEALING ENVIRONMENT

Centre universitaire
de santé McGill



McGill University
Health Centre



THE HEALING IMPACT OF ART

Art is one of the world's greatest forms of expression. It can raise awareness and drive change, but it can also provide joy, respite and promote feelings of well-being. The art at the MUHC is intended to comfort, acknowledge the diversity of human experience, engage and inspire our patients, their families and our healthcare professionals.

PATIENT-CENTRIC DESIGN OF THE GLEN SITE

The Glen site was designed with patients and families in mind. With an abundance of natural light, services that are located for patient convenience and single-patient rooms with space for a loved one to stay overnight, the comfort of the patient was a key element in the architectural plan. The goal of the artworks at the Glen is to enhance this design philosophy.

STUDIES ON THE IMPACT OF ART ON HEALTH

“Art has been shown to have a calming and healing effect, which makes it a vital presence in a hospital environment. This is especially true in an intensive care unit which can be a frightening experience for both patients and visitors, with all its unfamiliar equipment and sounds.”

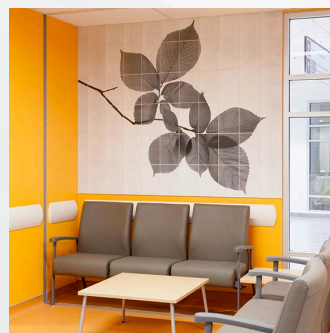
— *The Healing Impact of Art*, Sally SAPEGA, Perelman School of Medicine / University of Pennsylvania Health System, May 25, 2012

“Observational data revealed significant reduction in restless behavior and increase in socialization. Significant reduction in noise levels was found at both sites as well.”

— *Impact of Visual Art on Waiting Behavior in the Emergency Department*, Upali NANDA, The Center for Health Design, 2011

“Positive distractions, like visual art depicting restorative nature scenes, could help to reduce mental health patients’ anxiety and agitation in healthcare settings. The environment can have a powerful impact on healing and must be explored further for the mental health setting.”

— *Effect of visual art on patient anxiety and agitation in a mental health facility and implications for the business case*, U. NANDA, S. EISEN, R.S. ZADEH, D. OWEN, Journal of Psychiatric and Mental Health Nursing, 2010



RBC ART AND HERITAGE CENTRE

WHO WE ARE

The RBC Art and Heritage Centre recognizes the significant social, artistic, medical and nursing histories of the MUHC hospitals since 1821 in the development of Montreal, and seeks to preserve and highlight existing artifacts and other visual objects from this rich heritage in dedicated exhibition spaces as an integral part of the leading edge healing environment designed for patients, their families, visitors and staff at the MUHC.

OUR MANDATE

Reporting to the President and Executive Director of the MUHC, the RBC Art and Heritage Centre is mandated to:

- Centralize and manage all issues pertaining to the collection, preservation, cataloguing and promotion of archives, heritage artefacts and medical/nursing objects in MUHC hospitals
- Lead decision-making activities regarding all future acquisitions related to the MUHC's heritage, including collection development
- Recommend strategic objectives for the management of and public access to the MUHC heritage collection, including the Centre's dedicated annual budget, heritage volunteers, and promotional program development
- Work collaboratively with the Planning Office
- Coordinate regularly with MUHC Public Affairs and other departments and units, as the need arises, in order to ensure a unified, efficient and professional approach to the promotion of the MUHC's social and artistic history for both internal and external stakeholders.

GOALS

- Protect the value of capital assets, through professional maintenance and improvements
- Improve the experience of patients and families
- Enhance the environment for staff and volunteers
- Provide community outreach and foster ownership and investment in the facilities
- Create a \$5 million endowment fund to support the Centre
- Build a museum on the Glen site to showcase our collection

WHERE DOES THE FUNDING COME FROM?

- Generosity of the community
- Sponsorships

NEW PUBLIC ART COLLECTION AT THE GLEN SITE

Comprised of 11 unique pieces on display around the site, this new collection offers viewers a diverse overview of Quebec artwork that fits harmoniously within this hospital setting, playing an integral role in developing a truly healing environment.

LINDA COVIT HAVRE

Measuring 13 m x 16 m and located on the main plaza, the interlacing "fingers" of this statue pay homage to the MUHC community, who are joining together from different hospitals to form a unified team.

Located in the adult hospital entrance, this large mosaic mural made up of 266 hand-crafted hexagons in colourful patterns strives to evoke the complex human network present in a healthcare facility.

SHELLEY MILLER STRUCTURA HABITATA

In line with the holistic approach of the Montreal Chest Institute where they are found, this set of five large photographs presents images of Quebecois plants traditionally used to treat respiratory diseases.

JOSÉE PEDNEAULT ANNEDDA

Suspended five storeys high in the Research Institute atrium, this hanging sculpture uses over 4500 steel spheres to reproduce the structure of a 3D human hemoglobin.

MARTHA TOWNSEND LUMINOSITÉS

Ornamenting two floors of the Cedars Cancer Centre, this wood-surface mural has two embedded concave domes, one white gold, one yellow gold, each symbolizing a protective and reassuring home.

NICOLAS BAIER LUSTRE (HÉMOGLOBINE)

DENIS FARLEY BLANC DE PLOMB ET BLEU DE PRUSSE, ÉTUDES SUR LES NUAGES

These cloud murals in the adult hospital atrium provide onlookers with an infinite source of inspiration while touching on themes such as universality, change, contemplation, and dream.

COOKE- SASSEVILLE PRENDRE LE POULS

A symbol of the bond of trust that exists between a patient and their healthcare team, this statue stands nearly eight meters high and six meters long on the cafeteria terrace.

Spread out over the employee parking lot facade, this geometric-based mural includes a large heart at its centre, a symbol of harmony, and is surrounded by a web of colourful symbols and arrows.

MICHEL GOULET COEUR À TOUT

Nestled in the outdoor Healing Garden, an offshoot of the Cedars Cancer Centre, this statue tells a story of nature and respite.

GILLES MIHALCEAN PRINTEMPS

MICHEL SAULNIER « JE SUIS LÀ »

The statue balances between the Montreal Children's Hospital atrium and terrace, acting as a source of comfort for children and their families by inspiring calm and confidence in those who surround it.

JEAN-SÉBASTIEN DENIS PRISME

Made up of 54 hanging canvases covering three walls of the Resource Centre atrium pillar, this painting melds into one fluid design that plays with natural light streaming in from the above skylight.

THE MUHC COLLECTION

MEDICAL ARTEFACTS

This heritage highlights the many medical and scientific achievements of its doctors, nurses and other healthcare professionals in Canada and beyond.

The collection also comprises artwork donated by members of the community. These serve as reminders of Montreal's affinity for the arts and demonstrate the community's interest in, support of and connection with the MUHC.

ART

The historical and contemporary fine art collection found throughout the MUHC includes:

- Paintings
- Sculpture
- Photography
- Decorative arts
- Textiles
- Ceramics

The MUHC wishes to build on this collection with a focus on contemporary art.

ARCHIVES

Often overlooked, these documents, including historical photographs and documents, architectural prints and memorials, were created during the course of Montreal's medical development, forming part of its collective memory and the MUHC's legacy.

SOCIAL AND SCIENTIFIC HISTORY

A large part of the collection comprises historical medical instruments and objects used in a social context within the hospitals, which contributed to the culture of both the MUHC and Montreal.

ADVISORY COMMITTEE

The Advisory Committee is the chief outside advisory group to the President and Executive Director of the MUHC on all issues related to Art and Heritage. It periodically reviews the performance of the RBC Art and Heritage Centre as well as its long term plans. It also provides counsel to the Curator of the RBC Art and Heritage Centre and the President and Executive Director of the hospital on its current collection, acquisitions, community outreach and budget. The Committee also helps promote the Centre and its activities and helps identify new sources of funding.

The Committee is composed of distinguished leaders from the MUHC, McGill University and a cross section of business, professional, and community sectors with a keen interest in art and heritage.

Dr. Jonathan Meakins - Chairman

Annamarie Adams

Simon Blais

Nathalie Bondil

François Côté

Robert Côté

Marie Gagnon Malo

Richard Ingram

Michael Martin

Bruce McNiven

Pierre-François Ouellete

Arnold Steinberg

Martin Thibodeau

Ex-officio members

Julie Quenneville

Karine Raynor,

Curator of the RBC Art and Heritage Centre

Normand Rinfret,

President and Executive Director, MUHC

HELP US IMPROVE THE QUALITY OF CARE AND THE WORKPLACE THROUGH ART

Your donation to the RBC Art and Heritage Centre will ensure that patients and their families will continue to benefit from the healing power of art. It will also support our many healthcare professionals who enjoy the beauty and escape that contemplation of art provides.

Naming opportunities are available.

**TO MAKE A DONATION
PLEASE CONTACT**

**MUHC Foundation
900-2155 Guy
Montreal QC H3H 2R9**

514 931-5656

[muhcfoundation.com/
our-activities/heritage-centre](http://muhcfoundation.com/our-activities/heritage-centre)

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