

GDH:

DEPARTMENT OF PHYSIOTHERAPY – ADULT SITES

STUDENT CLINICAL REVIEW MATERIAL

PROGRAM/LOCATION: GERIATRIC DAY HOSPITAL – D17

To prepare for your placement, please review the following:

Conditions/Topics:

1. Diabetes and associated conditions esp. peripheral neuropathy
2. Orthostatic hypotension
3. Spinal stenosis
4. Neurogenic claudication vs vascular claudication
5. Angina
6. Osteoarthritis esp. hips and knees

Medications: Indications, side effects and precautions

1. Beta blockers
2. Pregabalin/gabapentin
3. Opioids
4. Benzodiazepines
5. Anticoagulants

Assessment:

1. TUG
2. Gait speed
3. Berg balance scale
4. 6 Minute walk test