



SERVICE-AT-A-GLANCE

(MGH) Transitional Day Program (TDP)

Location – *Are you located on one floor or in several locations in the hospital?*

- A2.116 at the MGH

Population – *Describe in point form the characteristics of the patient population.*

- Schizophrenia
- Depression
- Bipolar disorder
- Personality disorder
- Suicidality
- *Sub-acute symptoms but able to go home safely at the end of the day*

Age range

- 18 and up

Impact of illness/injury

- Patients admitted to prevent a hospital admission or to shorten a hospital stay
- Risk of escalating
- Safety of patient and surrounding
- Unable to work or go to school
- Difficulty coping with day to day routine at home

Medications: *be aware of their indications as well as side effects affecting functions and precautions*

- Side effects include sedation, dry mouth, palpitations, difficulty concentrating
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Role – *Describe the role of your service in point form.*

- Case manager for up to 4 or 5 patients
- Groups (daily) from 9:30am to 2pm
 - Community meeting
 - Goals of the week
 - Exercise
 - Life skills
 - Cooking group (OT kitchen on in-patient unit 1x/2 weeks)
 - Cognitive skills
- Individualized intervention/meeting
 - Psychoeducation
 - Family meeting
 - Discharge planning discussion
- Functional Ax + assistance with d/c planning
- Treatment plan (acute/chronic/end stage)
- Continuity of care (rehab/convalescence/homecare/community/LTC)

Team and Key Contacts– *Indicate if you work in a multidisciplinary team; who are the key players, staff doctors, consulting CNS's and other specialists.*

- Unit Coordinator

- Head Nurse
- 2 Nurses
- Social Worker
- Psychiatrist
- Music Therapist
- Psychology Intern
- Volunteer
- Peer support worker
- OT: pager (shared): 514-406-2028

Rounds – *List the day(s), hours and location(s) of the clinical rounds for your service.*

- Monday/Tuesday/Wednesday from 9am to 9:30am
 - Subject to change if MD is on vacation

Medical Tests – *Describe in point form the principle/**most frequent** risk factors that you assess specifically related to your patient population.*

- Suicidality/Self-harm
- Non-compliance to treatment (medication, non-attendance to groups)

Assessments - *Describe in point form the principle/**most frequent** forms that you complete specifically related to your patient population in addition to the psychosocial assessment.*

- TDP initial assessment form/OT initial assessment form
- Kitchen Ax
- Group observation

Resources - *Describe in point form the principle/**most frequent** hospital and community resources that you allocate specifically related to your patient population.*

- Day Hospital
- Out-patient Clinics for follow-up
- Up House
- Forward House
- OMET
- L'Arrimage
- Contactivity Center
- Tracom

“Insider” Info – *List any tips, cautions, fast-tracks, templates or lists that would help facilitate a quick-start for someone new to this service.*

- Occasional aggressive or disruptive patient (recognizing an escalating client, role playing situations, safety precautions)
- “Non-violent Crisis Intervention” will be discussed with role playing to increase comfort level with clients in mental health, especially concept of “limit setting”
- Liberty to explore any topics of interest in regular groups
- Various forms available on the “H-drive”