

SERVICE-AT-A-GLANCE

(MGH) Personality Disorder Clinic

Location – Are you located on one floor or in several locations in the hospital?

• AMI 1st floor

Population – Describe in point form the characteristics of the patient population.

• Borderline personality disorder

Age range

• 18 and up

Impact of illness/injury

- Unable to work/go to school
- Poor relationship/instability
- Poor emotional regulation
- Poor distress tolerance
- Main issues with sleep/appetite

Medications: be aware of their indications as well as side effects affecting functions and precautions

- Not really a focus in this clinic
- Role Describe the role of your service in point form.
 - Assessment for short-term program (12 weeks) or long-term program (2 years)
 - Individual/group interventions (DBT, process)

Team and Key Contacts– Indicate if you work in a multidisciplinary team; who are the key players, staff doctors, consulting CNS's and other specialists.

- Medical Director for short-term and long-term programs
- Unit Director

Rounds – List the day(s), hours and location(s) of the clinical rounds for your service.

• Thursday from 10am to 12:30pm

Medical Tests – Describe in point form the principle/**most frequent** risk factors that you assess specifically related to your patient population.

- Suicidality
- Self-harm

Assessments - Describe in point form the principle/**most frequent** forms that you complete specifically related to your patient population in addition to the psychosocial assessment.

- BaFPE
- WHODAS 2.0

Resources - Describe in point form the principle/**most frequent** hospital and community resources that you allocate specifically related to your patient population.

• L'Arrimage

"Insider" Info – List any tips, cautions, fast-tracks, templates or lists that would help facilitate a quick-start for someone new to this service.

• Various templates/forms available in the "H-drive"