



SERVICE-AT-A-GLANCE

(MNH) ALS OPD

Location – *Are you located on one floor or in several locations in the hospital?*

- OT gym – room 224 and out- patient clinic room 201B

Population – *Describe in point form the characteristics of the patient population.*

- ALS
- PLS

Age range

- Adults

Impact of illness/injury

- Weakness, decreased balance, compromised respiratory status affecting functional performance
- Oral motor weakness and decreased respiratory status affecting ability to swallow safely

Medications: *be aware of their indications as well as side effects affecting functions and precautions*

- Riluzole- slows progression of illness
- Symptom management: baclofen, elavil, medicinal marijuana, atropine drops, tizanidine, neurotin
- Bipap

Role – *Describe the role of your service in point form.*

- Swallowing Ax + recommendations
- Functional Ax + recommendations for equipment/services
- W/c, positioning(resting hand and feet splints)
- Referrals to community resources (CLSC, rehab, ALS Society of Quebec)
- Driving screening

Team and Key Contacts– *Indicate if you work in a multidisciplinary team; who are the key players, staff doctors, consulting CNS's and other specialists.*

- Clinic coordinator Ritsa Argyriou 5262
- Neurologists: Dr Angela Genge and Dr Rami Massie ext 5262
- RN: Toni Vitale 1288
- OT: ext: 09838 pager: 514-406-4975
- PT: Maura Fisher ext:00457
- SLP: Carla Di Gironimo ext: 8902
- SW: Mia Lanno ext 5382
- Respiratory Therapist Nathalie Magnan
- Dietician: ext: 8888-36512
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Rounds – *List the day(s), hours and location(s) of the clinical rounds for your service.*

- Multi-disciplinary clinics on Monday and Thursday. Monday rounds at 8:30.

Medical Tests – Describe in point form the principle/**most frequent** risk factors that you assess specifically related to your patient population.

- EMG- to assist with diagnosis
- Breathing tests with RT

Assessments - Describe in point form the principle/**most frequent** forms that you complete specifically related to your patient population in addition to the psychosocial assessment.

- OT department functional and swallowing evaluation forms

Resources - Describe in point form the principle/**most frequent** hospital and community resources that you allocate specifically related to your patient population.

- ALS Society of Quebec 514-725-2653
- CLSC
- Rehab centers- aides techniques, assistive technology, environmental controls

“Insider” Info – List any tips, cautions, fast-tracks, templates or lists that would help facilitate a quick-start for someone new to this service.

- ALS diagnosis: entitled to manual and motorized** wc covered by RAMQ (**provided home environment is accessible)
- CLSC- PAD program start early, home adaptation to address accessibility
- ALS Society has several financial aid programs to help patients with renovations, purchase of equipment, services and respite