

## SERVICE-AT-A-GLANCE

## (MGH) Thoracic Surgery

#### Location

• 11 East

### Population

- Surgical patients with:
  - o lung cancer
  - o esophageal cancer
  - o gastric cancer
- Occasionally off service patients (trauma, plastics, ortho, ACS)

### Impact of illness/injury

- Restrictions post-op
  - Espohagectomy: blenderized diet until day 14 or 21

Post thoracotomy (dr.Sirois) : honey thick liquids and puree

- Pain control issues
- Anxiety : Dealing with new diagnoses (cancer)
- Swallowing difficulties/diet texture changes

# **Medications:** be aware of their indications as well as side effects affecting functions and precautions

- Pain medications
- GERD medications

### **Role** – Describe the role of your service in point form.

- Functional evaluations and discharge planning
- Swallowing assessments
- Optimizing function while in hospital setting (eg: ROHO cushion, built up handles, positioning suggestions...)
- Continuity of care liaise with assistant nurse manager for any specific OT recommendations for rehab, convalescence or home care needs

**Team and Key Contacts–** Indicate if you work in a multidisciplinary team; who are the key players, staff doctors, consulting CNS's and other specialists.

- Unit Coordinator: #46100
- Head Nurse: 44530
- Assistant Head Nurse:
- Liaison Nurse: #23687 #23618
- OT: pager: 514-406
- PT: pager: 514-406-6304 and 514-406-3372
- SW: 514 406 2579
- Dietician: 514 406 4633

**Rounds** – *List the day(s), hours and location(s) of the clinical rounds for your service.* 

• Wednesdays from 11am -11:30am on 11E

**Medical Tests** – Describe in point form the principle/**most frequent** risk factors that you assess specifically related to your patient population.

- Thoracotomy /Chest tubes
- VAC therapy for wound management

**Assessments -** Describe in point form the principle/**most frequent** forms that you complete specifically related to your patient population in addition to the psychosocial assessment.

- Bedside swallowing
- Modified barium swallow

**Resources -** Describe in point form the principle/**most frequent** hospital and community resources that you allocate specifically related to your patient population.

- DSIE for rehab referrals /convalescent center/ CLSC
- Dysphagia clinic follow up ( Glen , IUGM)

"Insider" Info – List any tips, cautions, fast-tracks, templates or lists that would help facilitate a quick-start for someone new to this service.

- Always check for what textures the Medical Team want to assess (i.e. they may not want solids to be assessed)
- Thoracics team prefers MBS over Bedside Swallowing Assessment
- Remind Resident to fill out the OT consult form and enter MBS request in OACIS
- Liaise directly with the Residents to discuss MBS recommendations (if not available, write a detailes note in the chart with recommendations and speak with patient's nurse)
- Make sure a copy of the swallowing assessment report follows the patient (discharge envelope) when patient is d/c to rehab/conval