# MUHC OCCUPATIONAL THERAPY DEPARTMENT ADULT HOSPITAL SITES

### **SERVICE-AT-A-GLANCE**

## (MGH) Internal Medicine

Location - Are you located on one floor or in several locations in the hospital?

15<sup>th</sup> and 17<sup>th</sup>

**Population** – Describe in point form the characteristics of the patient population.

- Cancer
- COPD
- Diabetes
- Pneumonia
- Renal failure
- Cellulitis
- C-difficile
- General deterioration NYD
- Respiratory failure
- Rheumatologic disease
- CHF exacerbation
- Cardiac conditions
- Alcohol withdrawal
- Dehydration
- Osteomyelitis

### Age range

Adults and elderly

#### Impact of illness/injury

- Delirium (non-pharmacologic approaches to reduce impact/ agitation)
- Falls risk
- Functional decline /loss of autonomy
- Anxiety/isolation

**Medications:** be aware of their indications as well as side effects affecting functions and precautions

- Lasix
- Pain medications (dilaudid, morphine)
- Seroquel, respirdone
- Steroids (Prednisone)
- Coumadin / heparin
- Ventolin

**Role** – Describe the role of your service in point form.

- Swallowing Ax
- Functional Ax + assistance with discharge planning
- Cognitive appreciation
- Positioning ( cushions, FDS, resting splints)
- Optimization of functional autonomy while in hospital
- Assist with decision making in use of restraints and specialized seating

- Treatment plan (acute/chronic/end stage?),
- Continuity of care (rehab/convalescence/homecare/community/LTC/palliative?)

**Team and Key Contacts**— Indicate if you work in a multidisciplinary team; who are the key players, staff doctors, consulting CNS's and other specialists.

- Unit Coordinator: # 46500
- Head Nurse:
- Assistant Head Nurse:
- Liaison Nurse: #42695
- OT: pager: 514-406-3137 and 514-406-0706
  PT: pager: 514-406-3345 and 514-406-2992
- TRP: pager: 514-406-3747
- SW: 17E team patients on 15<sup>th</sup>: #44133 15<sup>th</sup>: 44146 17E:
- Dietician: 514 -406- 4034

**Rounds** – List the day(s), hours and location(s) of the clinical rounds for your service.

- 17East: Monday-Friday at 9am Teaching room
- 15<sup>th</sup>: Monday-Friday from 9:30am to 10am Multidisciplinary room

**Medical Tests** – Describe in point form the principle/**most frequent** risk factors that you assess specifically related to your patient population.

- CXR/ CT CHEST
- CT head
- Dopplers ( R/O DVT)
- Xrays (fractures)

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**Assessments -** Describe in point form the principle/**most frequent** forms that you complete specifically related to your patient population in addition to the psychosocial assessment.

- DSIE for rehab
- Driving: declaration d'inaptitude
- Referral to MAB/ Lethbridge at times
- Understand principles of AAPA

**Resources -** Describe in point form the principle/**most frequent** hospital and community resources that you allocate specifically related to your patient population.

- SARCA out patient follow up
- In-hospital request for spiritual care services and volunteer services

"Insider" Info – List any tips, cautions, fast-tracks, templates or lists that would help facilitate a quick-start for someone new to this service.

- Complex medical conditions requiring diagnosis and management
- often post-ICU with prolonged recovery and complex needs
- Contact Brad Kerzner (SW at CSSS Cavendish- gestionnaire de trajectoire au MGH et RVH) for complex discharges tel # 514 484 7878 local 1443