MUHC OCCUPATIONAL THERAPY DEPARTMENT ADULT HOSPITAL SITES

SERVICE-AT-A-GLANCE

(RVH-Glen) Cardiac Surgery (CVT)

Location – Are you located on one floor or in several locations in the hospital?

- D7N
- D7C
- D7S

Population – Describe in point form the characteristics of the patient population.

- Cardiac surgeries: ACBP, AVR, MVR, Bentall and Maze procedures, LVAD implantation (Ex: heartmate, heartware, c-pulse)CHF
- Heart Transplant
- Heart rhythms (Ex: Atrial fibrillation, Flutter)
- DVT: signs, symptoms, precautions
- Post-op CVA/brain anoxia as a complication
- Delirium

Age range

50 to 75 yo

Impact of illness/injury

- Coping with lifestyle changes (stress, nutrition, physical activity)
- Restrictions post-op
- Large leg wound affecting dressing/ambulation, ...

Medications – be aware of their indications as well as side effects affecting functions and precautions

- Anticoagulants (Ex: Heparin, Coumadin)
- Pain meds (Ex: Naproxen, Oxycodone)
- Digoxin
- Cardizem
- Diuretics (Ex: Lasix)
- Beta blocker (ex: Metoprolol, Sotolol)

Role - Describe the role of your service in point form.

- Swallowing Ax
- Functional Ax + assistance with d/c planning
- Cognitive appreciation and driving screen
- Positioning
- Heartware management
- Treatment plan (acute/chronic/end stage)
- Continuity of care (rehab/convalescence/homecare/community/LTC/palliative)

Team and Key Contacts— Indicate if you work in a multidisciplinary team; who are the key players, staff doctors, consulting CNS's and other specialists.

- Unit Coordinator:
- Head Nurse:
- Assistant Head Nurse: #32909

• Liaison Nurse: #39903

Liaison rehab Nurse: #36809
OT: pager: 514-406-4673
PT: pager: 514-406-4756
SLP: pager: 514-406-1301

• SW: ext:#34195 pager: 514-406-4739

• Dietician: pager: 514-406-1538

Rounds – List the day(s), hours and location(s) of the clinical rounds for your service.

Tuesday and Thursday at 9am (Central Team Meeting room)

Medical Tests – Describe in point form the principle/**most frequent** risk factors that you assess specifically related to your patient population.

- Angiogram
- TTE
- Echo
- CT head
- Bone Gallium scan

Assessments - Describe in point form the principle/**most frequent** forms that you complete specifically related to your patient population in addition to the psychosocial assessment.

- MoCA
- MMSE
- Trail Making A & B

Resources - Describe in point form the principle/**most frequent** hospital and community resources that you allocate specifically related to your patient population.

• Close follow up by the Heart Failure Clinic

"Insider" Info – List any tips, cautions, fast-tracks, templates or lists that would help facilitate a quick-start for someone new to this service.

- Brain damage (CVA/anoxia) post cardiac surgeries frequent
- OT consulted for complicated case mostly
- Swallowing consults post-extubation