## DEPARTMENT OF PHYSIOTHERAPY – RVH GLEN SITE STUDENT CLINICAL PROGRAM REVIEW MATERIAL

**ROTATION:** Cardiology

### To prepare for your placement, please review the following:

#### **Conditions/Topics:**

1. Myocardial Infarct/Angina 6. Congenital Heart Disease (Ex: TOF)

2. CHF 7. Pacemaker

3. ARDS 8. Aortic Stenosis

4. ACBP 9. Interventional Cardiology (Ex: TAVI,

5. Pulmonary Edema angioplasty, stent)

# Medications: be aware of their indications, as well as side effects and precautions in physiotherapy.

1. Antiplatelet Agents (Ex: aspirin, plavix)

2. Antihypertensives (Ex : losartan, vasotec)

3. Beta blockers (Ex : metoprolol, sotalol)

4. Anticoagulant (Ex: heparin, coumadin)

5. Vasodilators (Ex : nitro)

6. Vasopressors (Ex: levophed, milrinone)

7. Diuretics (Ex: Lasix)

8. Antidepressant/Antipsychotic

#### **Assessment/Treatment:**

- 1. Manually taking vitals/monitoring vitals
- 2. Cardioresp assessment: auscultation, cough, if chest physio needed
- 3. Chest physio (Ex: percussions, vibes)
- 3. Outcome measures: 2 or 6MWT, Berg)
- 4. PDSB/Techniques for mobility with lines
- 5. Be familiar with basic ventilator settings