

Welcome to the Cedars Cancer Centre

The Cedars Cancer Centre of the McGill University Health Centre (MUHC) works in a multidisciplinary environment to provide world – class cancer care. Your oncology pathway begins with a consultation with a surgical, medical or radiation oncologist at the MUHC. At your first visit, you will meet your doctor and most likely other health care professionals as well. Your doctor will review your medical history and current health status, and the results of any tests you have had.



What should I bring to my appointment?

Please bring with you your list of current medications, including any over-the-counter medications. If you've had any tests or consultations done recently outside of the MUHC, please bring the reports with you, if available. Please bring your RAMQ card, as well as your blue MUHC hospital card.

How does the Cedars Cancer Centre work?

The Cedars Cancer Centre spans 3 floors. The clerk who calls you to book your first visit will explain to you how the clinic works. They will tell you which reception area you should go to. You can then have a seat in the waiting room. You will be notified on your cell-phone (if registered for Opal or SMS) and on the waiting room screens (your first name and first three letters of your last name will appear on the screen) when it's time to see the doctor.

How do I update my hospital card?

- If you need to update your hospital card, we kindly ask you to do so before you check in for your first visit in the Cancer Centre. To do this, please go to the **Admitting Office** on the RC level (C.R.C. 0046).
- The office is open from **7 AM to 11 PM**, from **Monday to Friday**.

1001 blvd Decarie
Montreal, Qc H4A 3J1
514-934-4400



What is Opal and how can you register for Opal or SMS text messaging?

Opal is a smartphone **application** that offers patients the tools they need to better understand their condition and **manage** their **appointments**. When registered for Opal, you will be able to check-in to your appointments through your phone and receive a notification when the doctor is ready to see you. Opal also **gives** patients **access** to their **test results** and the **tools** they need to **understand** them. You will also be able to consult relevant **educational material** through your phone. If you do not have a smartphone, you can register to our SMS system to check in and receive text messages when the doctor is ready to see you. To register for either Opal or the SMS system, please go to the reception on S1 or RC. Please note that registration for Opal is optional but strongly recommended.



Do you have a family doctor?

We believe that it is important that your family doctor is aware of your health issues and treatments that you have and we would like to **communicate information about your health** to them. If you have a family doctor, please let the reception know. If you **change** family doctors between visits, **please let us know**. This will facilitate a smooth transition of care to your family doctor at the end of your treatment in hospital.

Do you need a family doctor?

If you do not have a family doctor you should **register online** at gamf.gouv.qc.ca. If you have difficulties doing this, please tell our staff. They will be pleased to help.



Cedars Cancer Centre



About Us

The **Cedars Cancer Centre** of the MUHC consolidates all aspects of cancer care in one location. From medical, surgical and radiation oncology, to supportive and palliative care, nutrition and social services, patients of all ages have access to the latest in cancer treatments in a thoughtfully designed environment that supports their physical, emotional and spiritual healing.

Our **interdisciplinary teams** include physicians, nurses, nutritionists, occupational therapists, physiotherapists, psychologists, social workers, psychiatrists, and researchers, as well as other professionals and volunteers, all working together to improve the health and well-being of our patients and their families, empowering them through education and personalized programs. Our teams train the healthcare professionals and scientists of tomorrow and conduct life-changing research.

The Cedars Cancer Centre offers many different specialty clinics and services to ensure patients and their families receive the best care possible:

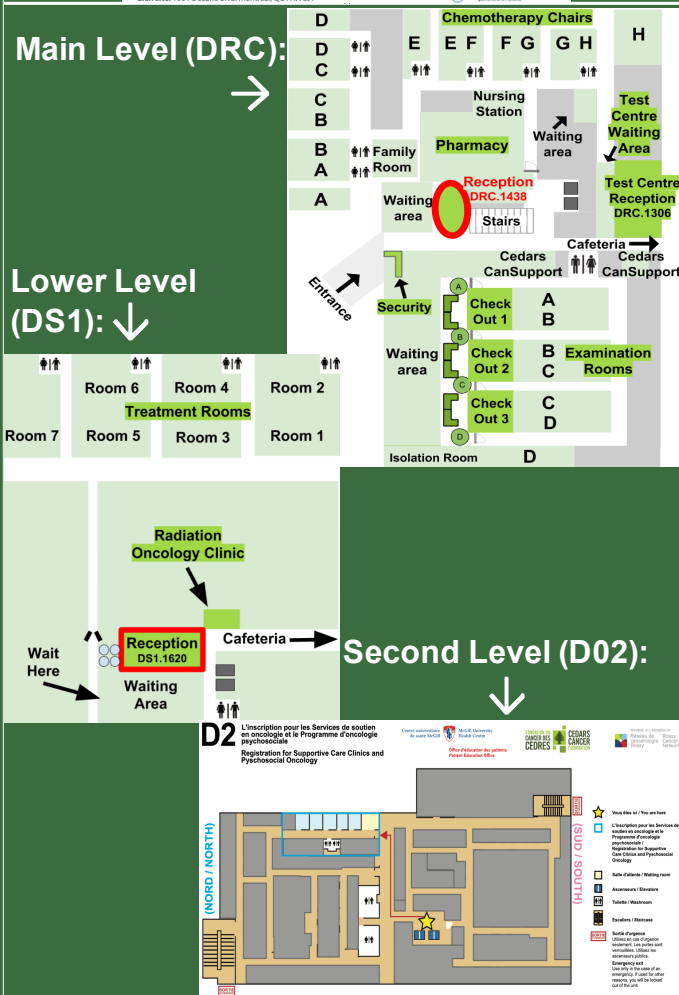
- **Multidisciplinary tumor boards** staffed by specialist doctors and nurses to ensure best treatments from diagnosis onwards
- Highly **specialized treatments** including surgery, radiotherapy, chemotherapy, and immunotherapy
- **Supportive care** including psychosocial programs, as well as nutritional and physical rehabilitation
- A large **clinical research program** exploring new treatment approaches.
- Best practices in **transition of survivorship** care to our community partners

With **compassion, innovation, and inspiration** driving its model for excellence, the **Cedars Cancer Centre** aims to assure that the population it serves benefits from best-in-class clinical and supportive care, research and education. We believe in **empowering patients** and families with the information they need to cope better throughout their cancer journey.



The Cedars Cancer Centre is located in block D of the RVH Glen Site.

Your appointment may take place on the **main level (DRC)**, the **second floor (D02)** or the **lower level (DS1)**. Please call us if you need any help or have any questions at 514-934-4400.



Cedars CanSupport

CanSupport is here to offer support through various programs:

- **Complementary Therapies and Workshops**
 - Yoga
 - Music Therapy
 - Art Therapy
 - Massage Therapy
 - Mindfulness Workshop
 - Reiki
 - Meditation Classes
 - Creative Writing Workshops
 - Other
- **Resource Centre**

There is a dedicated bilingual librarian to assist with navigating around cancer-related information needs and services. She can be reached at 514-934-1934, ext 31666.
- **One-To-One Telephone Support**

We are a phone call away to provide emotional support.
- **Volunteer Support**

Our specially trained volunteers will be able to assist you during and after treatment.
- **Financial Support**

In certain circumstances, financial assistance can be provided.



Contact Information:
Phone: 514-934-1934, extension 35297 or 31666
Email: cedarscansupport@muhc.mcgill.ca
Website: cansupport.ca
Facebook Page: @cansupportdescedres.cedarscansupport

