

STI sample collection guidance Accurate results begin with the specimen

Understanding the impact of carbomer-containing products

Sample collection is a critical part of the diagnostic testing journey. With urogenital specimens used for STI testing, the presence of interfering substances that potentially impact NAAT results can be quite common, especially with recent advances in test sensitivity.

When moving to the latest STI portfolio assays on the cobas® 6800/8800 Systems, care needs to be taken with certain products potentially used by patients as well as products used in the process of sample collection. Similar to PAP test collection, urogenital specimens from patients who have used carbomer-containing products may generate invalid or false negative results. In addition, products containing carbomer(s) used to lubricate a speculum, including vaginal lubricants, creams and gels may interfere with the test and should not be used during or prior to collecting urogenital specimens.

The following products have been reviewed for carbomer content and the effect on cobas® STI assays on the cobas® 6800/8800 Systems.



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	Lubriconto*

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Me	*
Feminine Hygiene*	
nceptrol Contraceptive Gel Rep	Hresh Clean Balance
jicam Anti-fungal Rep	Hresh Vaginal Gel Prefilled
vena Moisturizer Vag	isil Anti-itch Cream
nistat 1 Vag	isil Crème Regular Strength
rasil Ointment Plus Cleansing Bar Vag	isil ProHydrate
F Contraceptive Foam Vag	isil Sensitive Cream
trimazole 3 IsoL	ove Balancing Gel
trimazole Vaginal Cream Rep	lens Long-Lasting Vaginal Moisturizer
Met	ronidazole Vaginal Gel

* This list represents a sample of lubricants and feminine hygiene products available in the market. Not all available products have been tested and reviewed as these change so frequently. Therefore, it is important to review the ingredients in products used at your facility.



To minimise the risk of invalid test results:

- Refrain from using carbomer-containing products to lubricate a speculum as part of the collection procedure, or collect sample prior to use of lubricant/performing pelvic exam.
- Ask patients to refrain from using feminine hygiene products for approximately 24 hours prior to their scheduled visit.
- If patient is known to be using feminine hygiene products at time of collection, an alternative non-vaginal swab sample type may be considered.

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