

MONTREAL RED ZONE

VISITING A HOSPITALIZED ADULT LOVED ONE DURING THE **COVID-19** PANDEMIC

YOUR PRESENCE IS IMPORTANT

- ▶ You can be at your loved one's bedside **between 9 a.m. and 7 p.m.**
- ▶ Different rules may apply on certain units. Please ask at the nursing station on your loved one's unit.

WHO CAN BE PRESENT?

- ▶ Patients can choose a maximum of two caregivers to take turns.
- ▶ Only one of these caregivers can visit per day.
- ▶ Exceptions may apply in situations like end of life care. Please talk to your loved one's care team.

KEEP EVERYONE SAFE

- ▶ Everyone must follow guidelines to prevent the spread of COVID-19. During your first visit, we will explain these guidelines to you.
- ▶ If you do not feel well, please stay home.

STAY CONNECTED

- ▶ While nothing can replace being at your loved one's bedside, if an in-person visit is not possible, you can connect virtually (phone or video call).
- ▶ If your loved one does not have a cell phone or tablet (or is unable to use one), the Communication Assistance Service can help. For more information, call: **514-934-1934, extension 34827.**

PARTNERS IN CARE

- ▶ We understand that these visiting limits are difficult for families. Having a loved one in the hospital can be emotional and distressing.
- ▶ We are all in this together and must continue to support each other and work together as a team during this time of crisis. It is important to treat each other with respect and consideration.
- ▶ In the event of a COVID-19 outbreak at one of our hospitals, these guidelines may change. Thank you for staying flexible and open to change.
- ▶ Families are more than visitors; they are partners in care.

THANK YOU FOR BEING PART OF THE TEAM!

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