

MATERNITY

Once the baby is born and the obstetric team evaluates that you are medically stable, you will be transferred to the maternity ward.



What to expect during your stay?

- You will stay on the maternity unit about 24 hours for a vaginal birth, and about 48h if you've had a cesarean.
- When you arrive on the maternity unit, you will receive an education package. Educational videos will also be available on the TV in your room. We encourage you to read the package and watch the videos when you have a moment, as they contain valuable information and help you prepare for your return home with baby. Some of the information is available online. Learn more about the [pamphlet "Going home with baby"](#) (MUHC Patient education page).
- Your baby will be rooming in with you at all times, unless you need to be separated for a medical reason.
- There is a sofa in this room for your partner or support person to rest. Only one person can stay overnight.
- If you have other children, they can come visit you and meet their new sibling but cannot spend the night in the hospital with you.

NURSING AND MEDICAL CARE

- Just like in the birthing centre, a nurse will be assigned to care for you and your baby.
- You will notice once you arrive on this unit that the monitoring is much less frequent than in the birthing centre. Unless you call for assistance, a patient attendant (PAB) will attend to your needs as your nurse will come assess you every 4 hours at first, then every 8 hours.
- With support, teaching and guidance from your nurse, you and your partner will be providing the necessary care for your newborn (changing diapers or clothes, for instance). Prenatal classes are highly recommended in helping to support you in this learning process.
- Numerous videos are available in the rooms for breastfeeding support and basic baby care such as the first bath (baths are no longer recommended immediately after birth and will not be given by your nurse).
- If you need help getting out of bed (for example, if you've had a cesarean section), the patient attendant will be available to offer assistance.
- If you had a cesarean section, you will be seen by the obstetric resident on the maternity unit prior to going home.
- Your baby will be seen by the pediatrician at least once before you are discharged from the hospital. Your baby will also have some blood tests and a hearing test done.



Contact Information

Glen site- Royal Victoria Hospital
 Maternity Ward (D06)
 Block D South, 6th Floor
 Newborn Follow-up for 7 days after
 discharge
 Phone : 514-934-1934 ext 34779