



# MUHC Reproductive Centre Checklist for Directed Sperm Donation (Process 6 to 8 months)

## 1. RECIPIENT – Visit #1 - Initial consultation with physician

### After this visit:

- ☐ Scan the QR code to read the Instructions for Directed Sperm Donation
- ☐ Repeat baseline tests / other tests (if applicable)
- ☐ Psychosocial evaluation (\$)
- ☐ Sign RAMQ Undertaking forms (if applicable) - one for you, one for your partner



Instructions  
Directed Sperm Donation

## 2. RECIPIENT – Visit #2 - Follow-up consultation with physician

### Documents to bring:

- ☐ RAMQ Undertaking forms (if applicable)
- ☐ Treatment consent
- ☐ Covid-19 consent form.

### After this visit:

- ☐ If going with a known donor (directed donation) continue to step 3
- ☐ If using a sperm bank, scan the QR code to read “Donor Sperm Bank – FAQs”  
Note: the checklist is no longer applicable



Donor Sperm Bank-  
FAQs

## 3. RECIPIENT

- ☐ Inform your potential sperm donor to open a file at the MUHC Reproductive Centre

## 4. SPERM DONOR – Visit #1 - Initial consultation with physician

### After this visit:

- ☐ Scan the QR code to read the Instructions for Directed Sperm Donation
- ☐ Psychosocial evaluation\* (\$)
- ☐ Semen Analysis
- ☐ Blood and urine tests
- ☐ Complete, sign the Initial Screening Form
- ☐ Complete and sign the 202-E Consent to Donate Sperm
- ☐ Complete and sign Covid-19 Consent

*\*Typically, the recipient reimburses the sperm donor for the psychosocial evaluation.*

## 5. SPERM DONOR – Visit #2 - Follow-up consultation with physician

ATTENTION ! All the steps under #4 must be completed before this appointment.

### Documents to bring:

- ☐ Initial Screening Form
- ☐ 202-E Consent to Donate sperm
- ☐ Covid-19 Consent

### After this visit:

- ☐ After the payment is done by the recipient, complete steps 8 to 10 below.

## **6. (If applicable) RECIPIENT – Follow-up consultation with the physician**

The physician may request this consultation to review the potential risks associated with using sperm from your donor, based on the initial screening, before the donor proceed with the donation.

## **7. RECIPIENT – Payment (phone or in person)**

- ☐ Payment for direct sperm donation process\*

*\*This does not included the price of treatment (if applicable)*

## **8. SPERM DONOR – Visit #3 – Physical Examination**

- ☐ The urologist will contact you for an appointment.

## **9. SPERM DONOR – Visit #4 – Appointment for Sperm Donation**

### **During this visit:**

- ☐ Repeat blood and urine tests (serology) for infectious diseases
- ☐ Pre-Donation Screening form to complete
- ☐ Sperm donation

## **10. SPERM DONOR – Visits # 5 - 7 – Additional Donation appointments**

Step 9 can be repeated if desired, with additional fees applied for each extra sample

## **11. RECIPIENT – Visit #3 – After sperm banking - Communication of risk**

### **During this visit:**

- ☐ Sign the communication of risk with the physician

### **Documents to bring:**

- ☐ Treatment consent form
- ☐ Covid-19 Consent

## **12. RECIPIENT – Start of treatment**

*Notes*

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