

## 1. RECIPIENT – Visit #1 - Initial consultation with physician

### After this visit:

- Scan the QR code to read the Instructions for Directed Sperm Donation
- Repeat baseline tests / other tests (if applicable)
- Consultation with the Psychologist (\$)
- Sign RAMQ Undertaking forms (if applicable) - one for you, one for your partner



Instructions  
Directed Sperm Donation

## 2. RECIPIENT – Visit #2 - Follow-up consultation with physician

### Documents to bring:

- RAMQ Undertaking forms (if applicable)
- Treatment consent
- Covid-19 consent form.

### After this visit:

- If going with a known donor (directed donation) continue to step 3
- If using a sperm bank, scan the QR code to read “Donor Sperm Bank – FAQs”  
Note: the checklist is no longer applicable



Donor Sperm Bank-  
FAQs

## 3. RECIPIENT

- Inform your potential sperm donor to open a file at the MUHC Reproductive Centre

## 4. SPERM DONOR – Visit #1 - Initial consultation with physician

### After this visit:

- Scan the QR code to read the Instructions for Directed Sperm Donation
- Consultation with the Psychologist\* (\$)
- Semen Analysis
- Blood and urine tests
- Complete, sign the Initial Screening Form
- Complete and sign the 202-E Consent to Donate Sperm
- Complete and sign Covid-19 Consent

*\*Typically, the recipient reimburses the sperm donor for the consultation with the psychologist.*

## 5. SPERM DONOR – Visit #2 - Follow-up consultation with physician

ATTENTION ! All the steps under #4 must be completed before this appointment. \_

### Documents to bring:

- Initial Screening Form
- 202-E Consent to Donate sperm
- Covid-19 Consent

### After this visit:

- After the payment is done by the recipient, complete steps 8 to 10 below.

**6. (If applicable) RECIPIENT – Follow-up consultation with the physician**

The physician may request this consultation to review the potential risks associated with using sperm from your donor, based on the initial screening, before the donor proceed with the donation.

**7. RECIPIENT – Payment (phone or in person)**

- Payment for direct sperm donation process (\$2500)\*  
*\*This does not included the price of treatment (if applicable)*

**8. SPERM DONOR – Visit #3 – Physical Examination**

- The urologist will contact you for an appointment.

**9. SPERM DONOR – Visit #4 – Appointment for Sperm Donation**

**During this visit:**

- Repeat blood and urine tests (serology) for infectious diseases
- Pre-Donation Screening form to complete
- Sperm donation

**10. SPERM DONOR – Visits # 5 - 7 – Additional Donation appointments**

Step 9 can be repeated up to 4 times within 6 months (included in the \$2500 fee). Additional fees apply for extra samples (\$350 each).

**11. RECIPIENT – Visit #3 – After sperm banking - Communication of risk**

**During this visit:**

- Sign the communication of risk with the physician

**Documents to bring:**

- Treatment consent form
- Covid-19 Consent

**12. RECIPIENT – Start of treatment**

*Notes*

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