

## 1. RECIPIENT – Visit # 1 - Initial consultation with physician

### After this visit:

- Scan the QR code to read the Instructions for the Donor Egg Recipient
- Repeat blood tests/ vaginal ultrasound/ other tests (if applicable)
- Consultation with the Psychologist (\$)
- Sign RAMQ Undertaking forms (if applicable) - one for you, one for your partner



Recipient Instructions

## 2. RECIPIENT – Visit #2 - Follow-up consultation with physician

### After this visit:

If you are 45 years or older:

- EKG
- Mammogram
- Consultation with the Maternal Fetal Medicine (MFM) Specialist
- If going with a known donor continue to step 3
- If using an egg bank, scan the QR code to read “Donor Egg Bank – FAQs”  
Note: the checklist is no longer applicable



Donor Egg Bank – FAQs

## 3. RECIPIENT

- Inform your potential egg donor to open a file at the MUHC Reproductive Centre

## 4. EGG DONOR – Visit #1 - Initial consultation with physician

### After this visit:

- Scan to QR code to read the Instructions for the Egg Donor
- Consultation with the Psychologist\* (\$)
- Baseline vaginal ultrasound (day 2-5 of menstrual cycle)
- Blood and urine tests (day 2-5 of menstrual cycle)
- Complete and sign the Initial Screening Form
- Complete and sign the 200-E Consent to Donate Eggs
- Complete and sign Covid-19 Consent



Egg Donor Instructions

*\*Typically, the recipient reimburses the egg donor for the consultation with the psychologist.*

## 5. EGG DONOR – Visit #2 - Follow-up consultation with physician

ATTENTION ! All the steps under #4 must be completed before this appointment.

### Documents to bring:

- Initial Screening Form
- 200-E Consent to Donate Eggs
- Covid-19 Consent

### After this visit:

- After the recipient completes steps 6 & 7 below, a nurse will contact you 1-2 months later to plan the egg donor calendar.

## 6. RECIPIENT – Visit #3 - Preliminary communication of risk

### During this visit:

- Sign the preliminary communication of risk with the physician

### Documents to bring:

- 201-E – IVF consent for Egg Donation Recipient
- Covid-19 Consent form
- RAMQ Undertaking forms (if applicable and if not signed already)
- Refund policy (if applicable)

## 7. RECIPIENT – Payment for treatment if applicable (phone or in person)

- RAMQ covered  
or
- Payment done

### After payment:

- Once you know the estimated egg collection date (Step 8), book a follow-up appointment to see your physician approximately 2 weeks after the egg collection, to plan the embryo transfer.

## 8. EGG DONOR – Calendar Preparation with nurse (phone/email)

## 9. EGG DONOR – Visit #3 - Pre-Donation screening visit

### During this visit:

- Repeat blood and urine tests (serologies) for infectious diseases
- Pre-Donation Screening form
- Physical examination

## 10. EGG DONOR – Visits #4 - 7\* - IVF treatment to donate eggs

- Ultrasound monitoring (2-3 visits)\*
  - Egg retrieval
  - Follow-up ultrasound 2-5 days after egg retrieval (if applicable only)
- \*Number of visits can differ from person to person

## 11. RECIPIENT – Visit #4 - After egg retrieval – Communication of risk

### During this visit:

- Sign the communication of risk with the physician

### Documents to bring:

- Consent 003-E - FERC Treatment

## 12. RECIPIENT – FERC Calendar

*Notes*

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