



The Lachine Hospital – new home for state-of-the- art urological service

By Caroline Phaneuf



Dr. Peter Chan performing an urological surgery at Lachine Hospital.

Over the next few months, Lachine Hospital will become a hub for certain urological surgeries that are performed in very few other healthcare facilities in Quebec. The timing could not be better.

With Quebec as the only jurisdiction in North America to cover

fertility treatments in men and women the demand for these types of surgeries in the public sector has been steadily increasing. To best respond to this need, by early 2013 most infertility-related urological surgeries at the McGill University Health Centre (MUHC) will be performed at the Lachine Hospital.

“It is easier to concentrate all our efforts at Lachine currently as the hospital has more resources for this type of surgery,” says Dr. Peter Chan, a MUHC urologist.

“Eventually, certain complex and non-complex surgeries will be performed at the Glen with Lachine being a secondary site focused on general urology, outpatient surgery and men’s health,” adds Dr. Armen Aprikian, MUHC chief of Urology. “Indeed we are very grateful to the Lachine General Hospital for having invested significantly in urological surgical equipment.”

In fact, a significant investment in cystoscopes and endoscopic surgical equipment, as well as microscope and laser technology have been added to Lachine’s repertoire of urological tools. Three MUHC urologists will also be working onsite at Lachine. The hospital will be a key player in the integrated McGill Urology network and a site for training urologists.

Dr. Chan has already begun performing microsurgical vasovasostomy—which repairs varicose veins in the testicles allowing sperm to survive – thanks to a new top-of-the-line microscope that the Lachine Hospital Foundation recently purchased. “The surgery has a very high success rate at making couples fertile and allows the man to return to work the next day,” explains Dr. Chan, who says this consolidation of services will also bring more teaching and research to Lachine

Continued on page 2

Josée Lizotte Trailblazing nurse-specialist

By Daniel O’Leary

After fifteen years at the MUHC, Josée Lizotte knows her way around the Montreal General Hospital, the Human Resources Department and as a Nurse Educator at the Montreal Neurological Hospital and Institute (The Neuro). With a nursing diploma and advanced degrees in Nursing Science in her back pocket, she is now proudly claiming fame as the first Clinical Nurse Specialist in Geriatrics at the Lachine Hospital.

“My role is a little different from other MUHC Clinical Nurse Specialists in that I wear many hats, in addition to specializing in Geriatrics,” says Lizotte, who has high praise for Lachine’s strong vision of leadership development. “In addition to implementing ‘Elderly-friendly hospital’ standards throughout the Lachine hospital, I am



Josée Lizotte

also responsible for promoting nursing best practices.”

The Lachine Hospital administrators created this new position with the aim of advancing support for nursing practice, with special attention in Geriatrics. “The job also entails supporting nurses in research initiatives,” says Lizotte. “This ensures that we have the latest knowledge, and that ‘Evidence-based practice’ is implemented.”

The warmth that one finds at a smaller, more community-like centre, where staff members know one another and are familiar with ongoing tasks, were part of the appeal for Lizotte when applying for this newly-created position. “Here we know each other, work on assignments together and collaborate,” she says. “There is a strong feeling of belonging. I feel fortunate to be part of the larger MUHC, while keeping this sense of community.”

Continued from page 1

allowing them to host urology fellows from all over the world. "And within a few months, Lachine will be one of only two hospitals in the province to offer the surgery."

Another surgery, soon to be offered exclusively at Lachine, is the Microdissection Testicular Sperm Extraction, which finds sperm inside the testes for men who have no sperm in their semen, allowing them to father through in-vitro fertilization.

Dr. Serge Carrier, a MUHC urologist and new coordinator of the Lachine Hospital's Operating Block, will also be performing an increasing number of penile reconstructions. "This problem is caused by a curvature of the penis and affects about 7 per cent of the population," says Dr. Carrier. "Presently, I would say 80 per cent of all penile reconstructions in Quebec are done at the Lachine Hospital."

And as of this month, MUHC Urologist Dr. Mostafa Elhilali will start performing Green light laser surgery on the prostate at Lachine – a minimally invasive surgery which will be developed even further in the coming months and years.

"We are very happy to be more present at Lachine and to work with the staff at this hospital," says Dr. Carrier. "With this move, we feel very encouraged and confident that we'll be able to further advance urology and men's health in Quebec and beyond."

SUPPORT THE LACHINE HOSPITAL

\$2

From November 19 to
December 2, 2012

Please donate at
the check-out of
participating
establishments in
Lachine

Just \$2 can make
a difference!



La Fondation de l'Hôpital de Lachine
Lachine Hospital Foundation

514 637-2351, 77333 FondationHopitalLachine.com

The Camille-Lefebvre Pavilion – 20 years young!



Approximately 60 residents and family members gathered on Saturday, November 10 to celebrate the 20th anniversary of Camille Lefebvre, which welcomed its first resident on November 1, 1992. For the occasion, the band La Tournée du Bonheur played and were very much enjoyed by everyone. The Deputy Mayor of Lachine Jean François Cloutier was also present and extended warm congratulations to the long-term-care facility, its staff and residents.